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## BOSTON UNIVERSITY SCHOOL OF SOCIAL WORK

CASE WORK PROBLEMS AND THE NEED FOR MENTAL HYGIENE IN A CITY OF 41,000

A Thesis

Submitted by

Alice Thelma Lyman

(A.B., Colby College 1943)

In Partial Fulfillment of Requirements for the Degree of Master of Science in Social Service 1947

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#### CHAPTER I.

#### INTRODUCTION

#### a. Purpose of thesis

This thesis will be a study of 167 cases which came to the attention of the Family Service Association of Salem, Massachusetts from January 1, 1945 to December 31, 1945. The purpose of the thesis will be to determine the function of the agency in relation to the needs of the community, its scope within the community, and the way in which other community agencies utilize the services it offers. It is hoped that through this study there will be gleaned a picture of the cooperative relationship with other social agencies in the treatment of these 167 cases, and the way in which social resources are utilized to meet the needs which present themselves in the case problems studied. It is to be expected in addition, that from this study, some recognition will be made of the social needs with special discussion on certain psychiatric needs of Salem, shown by analysis of the cases studies at the Family Service Association, which were not treated because of lack of adequate resources to meet the problems which prevailed during the year 1945.

#### b. Scope of study

The Family Service Association is a small private organization organized on December 22, 1891 under the name of the Associated Charities.

Its work has been carried on under the name of the Family Welfare Society, a name which it later adopted, and still more recently under the name of Family Service Association which it adopted in 1939 because of the confusion of the word "welfare" with the public agencies. It is a member of

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the Family Service Association of America and its main objective may perhaps best be described as an attempt toward "the strengthening of family life and the helping of families and individuals in developing both the capacity and opportunity to lead personally satisfying and socially useful lives." 1

This organization is operated for the benefit of individual and community needs in Salem, Massachusetts and the cases used for evidence in this thesis were taken from the files because they were active during the year 1945. The year 1945 was arbitrarily selected as the most expedient year from which to study cases because it is the most recent for which conclusive figures are available. In addition, the study will appear to be more purposeful if it is approached by analysis of the most current problems, and studied in the light of prevailing needs which were met or not met according to present available resources in the community.

#### c. Method of Procedure

Cases were analyzed by use of a schedule to facilitate observation and classification of significant data. Some of the data was readily available from the annual statistics of the agency and the rest was obtained through perusal of the case records from the files.

The 167 families were classified into two groups, active cases and short service cases. Active cases require prolonged treatment, and may be active over a number of months or years. Short Service cases are those which require only temporary or emergency treatment, and the case is

l Earl N. Parker, "Family Social Work," Social Work Year Book. 1945, p. 151.

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<sup>1</sup> Mari M. Parker, "Family Social Work," Social Work Year Book.

closed following the completion of the service required. In the active group, which was composed of 52 families, there are two classifications, those under direct care, and those not under direct care. To define these terms, "under direct care" means that the case is an active one with the Family Service Association and the client is receiving aid or case work services or both directly from the Family Service Association. Those "not under direct care" are active cases with the Family Service Association, but treatment is being carried on in cooperation with some other public or private agency. For instance, a family may be known to the Family Service Association for case work services, at the same time receiving aid from the Board of Public Welfare, or some other agency, and such a case would be classified as "not under direct care".

From the study of these cases and compiling of data, certain significant conclusions may be drawn. For purposes of more intensive, specific study, certain cases will be selected from the group which show a need of specialized psychiatric study, and examined with their special needs in mind.

#### d. Value of the study and limitations

It is hoped that this study will be a determining basis upon which may be gained a picture of case work problems which present themselves during the course of a year in a city of 41,213, and how these problems are an expression of social needs within the community. It should further clarify what organized social action is put into operation through the medium of one social agency within the community to carry on the case work treatment. The study will also serve to point out strengths and adequacies in community agencies and in contrast will also illustrate weak-

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nesses and lack of certain resources or need for more extensive resources in certain fields.

There are certain limitations imposed by this study. One factor to be taken into consideration is that conclusions made in this thesis will necessarily be confined to include only those cases which have been studied from the records of one social agency in the community. All possible attempts will be made to keep the following chapters of discussion of the subject as objective as possible. It should also be mentioned that this thesis is intended to be an evaluation of conditions which are found to prevail, and not a critical treatment to deal specifically with unmet needs within the scope of the community studied.

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#### CHAPTER II

#### HISTORY OF THE AGENCY

Although there were social settlements and agencies for family welfare before 1890, their increase in both number and influence did not take place in a marked degree until the old issues of the Civil War and reconstruction had disappeared, giving place to the newer problems of urbanization, immigration and new inventions. During this expanding period measures for improved housing, public health, child labor laws, anti-saloon movements and the general improvement of living and working conditions manifested themselves.

One of the early pioneers in the field of organized social work was

Josephine Shaw Lowell who decided to devote her life to public service

after the death of her young husband and her brother in the Civil War,

She worked in some radically progressive movements, such as the National

Consumer's League under Florence Kelley, and the need for state institutions

for the reformation of women. In her work she always emphasized her belief

of the need for discriminating individualized case work.

The theory of most of the early private societies for social service was that after thorough investigation and consultation the society would obtain relief when necessary from appropriate sources, such as relatives, churches, or other bodies with which persons in need were in any way already affiliated. Failing any such personal resource, relief would then be given from the suitable voluntary relief agency or a public relief fund.

<sup>1</sup> Edward T. Devine, When Social Work was Young. p. 24

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To meet the new problems to be faced during this expanding period, we can trace the origin and growth of many organizations that will still be found to operate today. Some of them were Charity Organization Societies, some called themselves the Association for Improvement of the Conditions of the Poor, and still others formed what they called an Associated Charities. This chapter will show the development of one of these societies, which was typical of the times, and show how it originated in response to a certain need in its community and how it met the problems which presented themselves.

At the annual meeting of the Salem City Relief Committee, on October 13, 1891, it was suggested that some efforts be made toward adopting in Salem the methods of the Associated Charities which had proved successful in Boston. A committee was than appointed to investigate the advisability of such a course. This committee, after consultation with representatives of various charitable organizations of Salem, invited Mr. Robert Treat Paine, the President of the Associated Charities of Boston, to address the people of Salem upon the work of that organization. Mr. Paine addressed a large audience in Salem on Saturday afternoon, December 12, 1891.

On December 22, 1891 there was a meeting of 36 persons, for the purpose of organization of a system of Associated Charities for the city of Salem. At this meeting the Mayor, Mr. Robert S. Rantoul addressed the group, stating his belief that newer methods of the administration of

<sup>2</sup> Ibid., P. 57-59

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At the annual meeting of the Salem City Ralief Committee, on October 19, 1891, it was suggested that some offcrts be made toward adopting in Salem the methods of the Associated Charities which had proved successful in Poston. A committee was than appointed to investigate the advisability of such a course. This committee, after consultation with representatives of various charitable organizations of Salem, invited ar. Robert tives of various charitable organizations of Salem, invited ar. Robert Treat Paine, the President of the Associated Charities of Boston, to address the people of Salem upon the work of that organization. Ar. Paine addressed a large sudiance in Salem on Saturday afternoon, December 12, 1891.

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<sup>2</sup> Ibic., p. 57-59

charities should be introduced, and that "our own city should not be behind other places in adopting the better systems of almsgiving."

The objects of the new organization followed those previously adopted in Boston and other cities and were cited at the meeting as follows:

Under the above call (the invitation to the meeting) and in pursuance with it, we the persons here assembled hereby associate ourselves in and form an organization to be known as the Associated Charities of Salem. The objects of the Society are: (1) To secure the harmonious action, and cooperation of the different charities of Salem, (2) To encourage thrift, self-dependence and industry through friendly intercourse and advice, and to aid the poor to help themselves, (3) To provide that the case of every applicant for aid shall be thoroughly investigated, (4) To place the results of such investigation at the disposal of the Overseers of the Poor, of charitable societies, and of benevolent individuals, (5) To obtain employment for deserving applicants, (6) To make relief conditional upon good conduct and progress, (7) To send to poor families a friendly visitor under the advice of a ward conference.4

On January 2, 1892, the Council for the Associated Charities met at the rooms to act upon the proposed Constitution and By-laws. The Constitution contained the following articles, which were unanimously adopted:

(1) It has for its object, to secure the harmonious action and cooperation of the different charities of Salem, (2) To raise the poor above the need of relief, prevent begging and imposture, and diminish pauperism, (3) To encourage thrift, self-dependence and industry, through friendly advice and sympathy, and to aid the poor to help themselves rather than to help them by alms, (4) To investigate thoroughly the case of every applicant for aid, and to place such investigation at the disposal of the

<sup>3</sup> Associated Charities of Salem, First Annual Report, 1892.

<sup>4</sup> Ibid

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Under the above cell (the invitation to the meeting) and in pursuance with it, we the persons here assembled hereby associate ourselves in and form an organization to be known as the Associated Charities of Salam. The objects of the Society are:

(1) To secure the harmonious action, and cooperation of the different charities of Salam, (2) To encourage thrift, self-dependence and industry through friendly intercourse and savice, and to aid the poor to help themselves, (3) To provide that the case of every applicant for aid shall be thoroughly investigated, applicant for aid shall be thoroughly investigated, the disposal of the Overseers of the Foor, of charthe disposal of the Overseers of the Foor, of charthe bootein amployment for deserving applicants.

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<sup>9</sup> Associated Charities of Salem, Mirst Annual Assort, 1892.

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Overseers of the Poor, all charitable agencies, and benevolent individuals, (5) To obtain employment for the unemployed when it is possible, and to make all relief conditional on good conduct and progress, (6) To send to each poor family a friendly visitor who shall study its capabilities as well as its needs, (7) Visitors shall not use their positions for any purpose of proselyting. The Associated Charities knows no distinction of sex, color or religion. Humanity is the bond. Its aims are common to all of every creed or race. 5

It would not be complete to give a history of the agency under study without making mention of the unstinting efforts of those people who served it and worked earnestly for the principles in which they believed. In going over all of the annual reports and minutes of the meetings, the interest and concern of those who took part in the agency could be read between every line. It is true that sometimes they were striving for they knew not what. Their methods in the beginning were not always sure and infallible, but their goal was ever in front of them, and they moved slowly but surely toward it without wavering or losing their interest. The words of Eleanor Neustaedter would surely apply to the people whose work is recorded from time to time of the first documents of this agency.

I have been impressed primarily with the people who have made this family welfare movement move; our predecessors in this field, yours and mine. They have served with financial remuneration and without it, board members and executives, friendly visitors and staff. They have given up leisure, pleasurable activities, more selfishly profitable occupations to devote time, energy and financial support to this cause of family well-being. And aside from personal satisfactions they have done it because they have believed that people are important.

<sup>5</sup> Ibid

<sup>6</sup> Eleanor Neustaedter, "Along what Lines Does the Future Contribution of the Family Welfare Movement Lie?" The Family, 20:321, June, 1939

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In the Spring after the beginning of the organization, a Fresh Air Fund was started, by means of which car-fares, carriage rides and trips to Baker's Island (a popular island not far out in the harbor of Salem) were provided for children and sick people. 7

In 1894 the report of the secretary at the annual meeting of the Council states that

The Society has twice been tempted to step aside from its regular course; in one instance to disburse a charitable fund raised by The Salem News; in the other to collect funds for the purpose of making arrangements to supply work for the unemployed. In both cases it was thought best not to depart from the usual methods of the Associated Charities, as it is not directly a relief-giving body. There are many excellent charities in Salem, and it is our part to collect and classify information for their use; to prevent the overlapping of cases; to call attention to deserving cases; and above all, to reach the poor by our system of Friendly Visiting.

On July 5, 1901, nearly ten years after organization, the Society was established as an incorporated body, and in 1907 the Board of Directors was enlarged to include representatives from all the social agencies. Cooperation was the watchword.

As the years went by, and social work developed gradually into a more scientific, more organized, method of helping people to lead more socially useful and emotionally satisfying lives, the agency took part in many of the progressive movements of the day. Often it was the leader in the community toward the goals for which all the agencies were striving, each one by its own method. This leadership, which was characteristic from the beginning of its organization, explains partially

<sup>7</sup> Associated Charities of Salem, First Annual Report, 1892.

<sup>8</sup> Associated Charities of Salem, Third Annual Report, 1894.

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the high standing of the private family organization in this community under study, and in communities all over the nation.

One of the most controversial issues that the agency was to take a stand on in the face of almost insurmountable opposition, was the development of what is now known as the Social Service Exchange. Its development was a struggle, as the other agencies for the most part participated in it halfheartedly, or even unwillingly. It is not exactly known in the Family Service Association of Salem, just when the agency established what was called the "Confidential Exchange", and served as a branch office for Boston, covering the areas surrounding the agency. It was not fully accepted even among agency members, and therefore little mention of it was made in the public annual reports of the agency's work during the year. What mention of it was made was clothed in a very noncommittal and arbitrary terms to avoid arousing the indignation of those who believed that the exchange of confidential information between agencies defeated some of the very basic principles of social case work.

The first official mention of such a function being definitely a part of the agency, appeared in the Eighteenth Annual Report of the agency for the year 1908-1909, and the following quotation will illustrate how the wording was very carefully formulated to arouse as little indignation as possible on a very controversial subject.

For all who wish to help others in Salem the Associated Charities offers itself as a Clearing House or Central Registration Bureau. If one cannot be sure what others are doing for a family it is of little use to try and get that family on its feet. If there are three societies, each trying to aid a family in a separate way, no one of them can succeed. There must be some plan devised so that each can know when the other is at

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work. In almost all cities in the United States where there is an Associated Charities, it fulfills the function of a Clearing House. The plan is very simple. The Associated Charities, standing for cooperation and organization in the community, opens a card-file drawer for the whole city, and employs a clerk, one of whose duties it is to keep the cards filed. Anyone who is assisting needy families is asked to file a list of such families in this drawer. The file is kept entirely separate from the list of those families which are being advised and treated by the Associated Charities itself....9

The rest of the quotation was not included as it gave only the mechanics of how the files were to be kept, and methods of insuring that the information would be kept confidential.

At first the other agencies were not very cooperative in keeping this index of information, but became increasingly interested as they began to realize the value of such information. The agency carried on the work as a branch of the Boston index, and finally had it sufficiently organized to turn it completely over to Boston, after they were assured that all the community agencies would give it their full cooperation.

During the years of its existence the agency has taken part in and initiated many other programs to operate for the improvement of the community and the welfare of its citizens. The very first was the Fresh Air Fund, established during the spring after the very beginning of the organization. Between 1901 and 1911 the Childrens Aid Committee was formed. This committee was an enlargement of the Fresh Air Work, and began to visit regularly the Juvenile sessions of the Court, with a view to a better understanding of children's problems and how to treat them.

<sup>9</sup> Associated Charities of Salem, <u>Eighteenth Annual Report</u>, 1909.

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<sup>9</sup> Associated Constition of Jalon, Fighteenth Annual Report, 1969.

In 1911, The Tuberculosis Exhibition was held, which resulted in a committee being formed within the Society, which later developed into the Salem Association for the Prevention of Tuberculosis.

The year 1922 proved to be a progressive one for in that year a complete list of all charitable, religious and social agencies in Salem was compiled, which for a while was revised annually. It was leter discontinued because of the expense, although the agency has always kept a complete file available for reference at all times.

In 1922, the Revolving Case Committee was established and held its first meeting. Three Directors would review the most difficult problems with the secretary, and discuss the matters thoroughly and individually, acting in an advisory capacity. This committee has continued to discuss cases with the general secretary up to the present time.

Also in 1922 the formation of a Community Committee at the request of the agency resulted in the Christmas Clearing, under the direction of the Red Cross. This was felt to be a long step toward cooperation among agencies, as all families who were to receive a Christmas contribution from any agency or church would be registered at the Christmas Clearing, and therefore eliminate duplication in some families, and lack of any contributions in others. 10

As time progressed the feeling came about that the name "Associated Charities" no longer accurately represented the activities of the Society since the work was not confined merely to the association of other societies and welfare organizations in cooperation on a given case, but a large amount was done by direct action, and a considerable amount of

<sup>10</sup> Family Welfare Society, Fortieth Annual Report, 1931

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<sup>10</sup> Family Welfers Society, Fortiese Annual Report, 1991

relief given from the agency's own funds. It was further felt that the word "Charities" had an unpleasant implication, suggesting in its general use a kind of condescension from those who are well off to those who are in need. In consequence, on April 24, 1925, the name was changed to the Family Welfare Society, as "Family Welfare" was thought to be a broader and better designation, and more in keeping with the spirit of the times. 11

The president in his annual report cited his opinion as follows:

The structure of our organization has been outlived and should be modified to meet present conditions. One of our main objects of those days, as it is today, was cooperation with other agencies, and in order to bring this about as effectively as possible, it was provided that the presiding officers of all the social welfare and charitable agencies in the city should be chosen vice-presidents of our organization. It was the intention to so unite the interests of the various agencies and to centralize the efforts of the community under this plan of cooperation that there would be little or no duplication of effort. We believe, however, that the same ends can be obtained by modifying this plan somewhat, and it will therefore be suggested to you that our Board of Directors be increased and that the executive heads of all the philanthropic agencies be considered members of this Society.

We are therefore suggesting to the Society today, not only a change in our by-laws which will more effectively meet our needs but a change in name as well, which will more clearly express the work in which we are engaged....12

The agency carried on its work under this name for fifteen years.

The present name of Family Service Association was adopted in 1939 because of the confusion of the word "Welfare" with the public agencies. 13

<sup>11</sup> Associated Charities of Salem, Thirty-Third Annual Report, 1924.

<sup>12</sup> Ibid.

<sup>13</sup> Family Welfare Society, Forty-Eighth Annual Report, 1939.

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As the years went by, analysis of the annual reports of the agency in retrospect showed a gradual shift of focus in the social case work performed under its auspices. No longer did social workers concentrate on pauperism, almsgiving and economic difficulties, but rather devoted their attention to the emotional problems of their clients, realizing that this was the basic difficulty in most maladjustments far more than any lack of dollars and cents, which was usually only a symptom of underlying disorder.

There have been other shifts of emphasis in the field of social case work and private family societies, such as the one under study. A change in the conception of function is noteworthy, and it is interesting to note that the newer trend is to return to the very earliest concepts of agency function. In the beginning agencies accepted without question their protective role, realizing among other things that the applicant was usually not voluntary, frequently coming from someone in the community; the problem presented may have been unrecognized by the client; that the client would not always participate in the agency's or the community's plan; and that the standard of living was frequently below the standard set by the rest of the community. It was felt that however baffling the problem, it would be socially irresponsible to deny some type of service to cases for which there was apparently no constructive disposition, even though such cases might present a variety of baffling problems for which case work skills had not found an adequate solution.

This early concept of the service to be rendered by social workers in family agencies gave way to an emphasis upon the client's wish for help as an almost indispenable element in the agency's acceptance of the case.

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Agencies frequently accepted or rejected new cases on this basis of whether

the client really wanted the service that they could offer him.

At the present time there can be noted in family agencies a trend toward the return to the earlier concepts, that the family agency is an "organization aware of human needs and concerned with any problems that influence family life and family relationships in the community." 14

This return to a former trend has been due not only to an ever-increasing development of scientific case work skills and more acute awareness of the needs of clients, but also to a certain extent has been due to the refusal of the community to understand or to accept the disregard of protective problems by the family society.

To clarify this discussion the writer has tried to get a clear and accurate description of the term "protective" as it is used in this discussion. In part one of "aspects of Relations with the Community in Family Case Work", entitled "Some Protective Aspects of Family Case Work", the writers stated:

A major difficulty has been the lack of a clear-cut commonly understood definitition of the term "protective". In the committee, for example, we found that we used the term loosely to apply to a variety of situations or type of activity on the part of the worker or agency. In retrospect, we discovered that one or more of the following factors were present in any situation that we described as "protective": (1) The application is usually non-voluntary, the referral frequently coming from someone in the community rather than from the client. (2) The problem presented may be unrecognized by the client. (3) The client does not always participate in the agency's or community's plan. (4) The problem involves a danger to the client himself, his family or the community. (5)

<sup>14</sup> Cornelia Biddle, and others, "Aspects of Relations with the Community in Family Case Work," The Family 20:36, April 1939.

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The client's standard of living is below the standard set by the rest of the community. 15

There has been, and still is a gap between agency and community viewpoints about protective work, and the family agencies are now striving to bridge it. Family agencies are using protective activity to handle critical situations in client's lives for which they are unable to assume responsibility themselves and there is a need for protective activity by someone in the community. Social workers use responsible, authoritative activity to help clients through these situations. Thus the article says,

Our conviction that protective activity is necessary to meet a particular crisis must never **be** allowed to interfere with our sensitivity to whatever capacity clients may have to help themselves and solve their own problems. 10

This is in keeping with the earliest concepts of the Family Service Association of Salem, which on December 22, 1891 gave as one of its objects, "To encourage thrift, self-dependence and industry, through friendly advice and sympathy, and to aid the poor to help themselves rather than to help them by alms".17

It is true that the wording of this concept may have been changed many times through the years, but the thought is still sound, that social work is ever an endeavor to help people to help themselves.

In going over the records of an agency such as the Salem Family Service Association it would be impossible not to be impressed with the

<sup>15</sup> Ibid., p. 37

<sup>16</sup> Ibid., p. 41

<sup>17</sup> Associated Charities of Salem, First Annual Report, 1892

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<sup>15</sup> Ibid., p. 17

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honorable record that is their past. Reflections on former contributions of the family welfare movement in which a family agency such as this one took such an active part, give rise to speculation about what new research and new contributions to community and social betterment will be instigated by their efforts. Throughout the next years social workers will watch the trend of ever-changing concepts of social work, and see how great a role the Family welfare movement will have for the future.

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#### CHAPTER III

### COMMUNITY RESOURCES OF SALEM

The Family Service Association, the agency from which the records used for this paper were taken is located in Salem, Massachusetts, one of the cldest cities in the United States. Salem was founded in 1626 and has a fascinating historical background which has been kept alive by the preservation of more historic landmarks, relics and articles of Colonial interest than any other city in New England. Salem is nationally and internationally noted as the scene of the famous witchcraft era of 1692, the meeting place of the first Provincial Congress, and the site of the old North Bridge, where the Colonies' first armed resistance to the British occurred in the Revolution.

The Salem of today is athriving center of 41,000 people, the shire town of Essex County, and the retail center for about 200,000 persons. It has seventy different kinds of manufacturing, represented by one hundred and fifty factories, including most prominently the manufacture of cotton goods, leather, shoes, incandescent lamps, radio tubes, and games. The city is located on the Eastern Division of the Boston and Maine Railroad, thirty minutes to Boston. It has many inducements to lure tourists to visit it, which include the well known House of Seven Gables, and the Pioneers' Village, which is a correct reproduction of life in a Puritan settlement.

<sup>1</sup> Essex Institute, Visitor's Guide to Salem, 1927 p. 7.

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The population is 41,213 (1940 U. S. Census). Of the white population the males are 48.2 per cent; females 51.8 per cent. The total colored population is very small. The American born population is 76.8 per cent of the whole. Predominating nationalities of foreign-born residents are: Canadian 4,613; Polish 1,894; Irish, 1,472; Italian 470; English 295; Greek 251; others 934, with a total of 9,929 foreign born.

The social workers of the Family Service Association and other social agencies in Salem, in order to carry on their social case work treatment, are frequently called upon to contact and utilize other resources for services not included in the function of their own agency. This is an important factor in any social work treatment, and cooperation among social agencies for this purpose can contribute immeasurably to satisfactory, efficient treatment, without undue delay.

For more efficient community use the Family Service Association classified all available resources under the following headings: Social Service; Religious; Recreational; Personal Finance; Mercantile and Industrial; Legal; Insurance; Health; Educational; Civic; and Benevolent.

The Social Service Resources were classified into four divisions,

(1) Family Service and Relief, (2) Institutional and Foster Care, (3)

Community Service, and (4) Group Work.

Family Service and Relief could be obtained from the Board of Public Welfare which gives Aid to Dependent Children, Old Age Assistance to men and women sixty-five years and over who are in need, and relief to families and some unmarried persons in their own homes. In addition ex-service

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men can receive aid for themselves and their families from the Soldiers' and Sailors' Relief Department, or through the Home Service Department of the Red Cross, or from the American Legion which offers social service through its Relief and Child Welfare Committee.

For Family Service and Relief, clients could also turn to the Family Service Association for advice and case work treatment, or to the Catholic Charities Center which deals with families of the Roman Catholic faith.

Non-residents of Salem could receive aid from the Salvation Army or the Travelers' Aid Society, both of which have branches located in Salem.

The Society for the Prevention of Cruelty to Children also maintains its office in Salem and was organized to prevent physical and moral neglect and protect wives and dependent children from non-support and desertion by the breadwinners.

The second classification under Social Service Resources, is Institutional and Foster Care. The Catholic Charities Center has a worker to find homes in Catholic families, and supervises the care of children placed in these foster homes. Salem is within the territory covered by the New England Home for Little Wanderers which provides foster care for children, largely Protestant. In addition the Division of Child Guardianship in the State Department of Public Welfare also gives this service through the local Board of Public Welfare.

There are two institutions for private care for the aged, including the Bertram Home for Aged Men, and the Old Ladies' Home, and the public

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City Home at the Salem Willows for the benefit of those without funds who have lived in Salem at least five years. Those who need institutional care but have not lived in Salem for five years may go to the State Infirmary at Tewksbury.

The Children's Home is maintained by the Salem Seamen's Orphan and Children's Friend Society, one of the oldest charities of Salem, chartered in 1841 to provide a home for the care and education of destitute children. This home is still operating in Salem, providing shelter and care for its occupants.

The third classification of Social Service Resources includes those under Community Service, including the council of Social Agencies and the Community Chest.

The fourth and last classification under the Social Service Resources is that of Group Work. The Boy Scouts and the Girl Scouts are active in Salem, carrying on a program for boys and girls designed to develop character and prepare the young people for the responsibilities and challenges they must meet in adult life. Other organizations in Salem offering group activity are the Salem Fraternity, which is the oldest boys' club in America, organized in 1869; the House of Seven Gables Settlement, and the Young Men's Christian Association. The House of Seven Gables Settlement is open to both sexes, but is limited only to those who live within the community immediately surrounding them.

The second group is Religious Resources, and in Salem there are twenty-nine different churches, representing many denominations and faiths. Many of the churches have benevolent groups, social clubs, and social services which are a part of them.

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Health services can be obtained through several mediums. The Salem Hospital is the general hospital which serves Salem and this immediate area. The North Shore Babies' Hospital gives specialized treatment for infants. Tuberculosis is treated at the Essex Sanitorium; cancer at the Pondville Hospital; insanity at the Danvers State Hospital; and criminal insanity at the Bridgewater State Hospital. There are out-patient clinic services at the Salem Hospital; well baby clinic services at the Lydia E. Pinkham Memorial; Child Guidance clinic services and speech correction services at the same memorial or at the Judge Baker Guidance Center; and psychiatric services for veterans at the Salem Veteran's Clinic under the auspices of the Danvers State Hospital. Health services also include visting nurses, and the inspection and protective services of the Board of Health.

The Educational Resources include public and private schools which includes the Parochial system of the Roman Catholic Church. The State Teacher's College is located in Salem, and there are also public night courses known as the Evening School Division, including a naturalization program and a civil service course.

Essex County Agricultural School gives a combination of academic work and practical training, in agriculture for the boys, and domestic science for the girls. For more practical, specialized training there is the Manual Training course offered in the High School, and the Vocational School as well as the Beverly Trade School which is also open to Salem boys. This Beverly Trade school cooperates with the United Shoe Machinery Corporation, and a student spends part-time on theory and laboratory

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work at the school and part-time on practical application at the factory.

A visiting tacher visits children who cannot attend school because of a physical handicap, and gives them lessons at home to help them keep with their classes until they are able to return to school.

Retarded children go to the Center School, where they are taught to use their hands, and less emphasis is given on academic achievement. Subjects taught include cane seating, furniture repairing, painting, shoe repairing, sewing, cooking and mothercraft. For those children who are definitely feeble minded, Salem comes within the district of the Walter E. Fernald State School at Waverly and the Wrentham State School, both under the supervision of the Department of Mental Health. The defective delinquent offers another problem and he goes to the State Farm in Bridgewater, under the Department of Correction.

Salem boys and girls who need training for misconduct are sent to one of several schools under the State Department of Public Welfare.

Boys under fifteen are received at the Lyman School for Boys, and from fifteen to eighteen are received at the Industrial School for Boys at Shirley. Girls under seventeen are received at the Industrial School for Girls at Lancaster. In addition to all this Essex County maintains a Training School in Lawrence where the Court can send boys for truancy, or for being habitual school offenders, upon complaints brought into Juvenile Court by the Attendance Officer.

There is a private reform school in Salem, founded by Miss Caroline Plummer in memory of her brother, a Salem merchant. This is the Plummer Farm School on Winter Island, Here a boy may be sent through a work at the school and part-time on practical application at the factory.

A visiting tacher visits children who cannot attend achool because of a physical handion, and gives them lessons at home to help them keep with their classes intil they are able to return to school.

Retarded children go to the Center School, where they are taught to use their hands, and less emphasis is given on academic achievement. Subjects taught include came seating, furniture repairing, peinting, short repairing, sewing, cooking and motherwraft. For those children who are definitely feeble minded, Salem comes within the district of the Walter E. Fernald State School at Maverly and the Wrentham State School, both under the superficion of the Department of Mental Health. The defective delinquent offers another problem and he goes to the State Farm in Bridgewater, under the Department of Correction.

Salem boys and girls who need training for miscondact are sent to one of several achools under the State Department of Public Welfare. Boys under fifteen are received at the Lyman School for Boys, and from fifteen to eighteen are received at the Industrial School for Boys at Shirley. Sirls under seventeen are received at the Industrial School for Oirle at Immediate. In addition to all this Easter County maintains a Training School in Investor where the Court can send boys for trusmey, or for being habitual school of seders, upon complaints brought into Javaniles Court by the Attendance Officers, upon complaints brought into Javaniles

There is a privite reform someol in Salem, founded by Miss Caroline Florest in memory of her brother, a Salem morehant. This is the Florest Parm Johnel on Winter Island, Here a may be sent through a court commitment from the Juvenile Court, or the parents may themselves arrange with the Superintendent of the School to board him there, upon signing an agreement that they will not take him out for at least a year.

Educational resources for the handicapped children of this area include the Massachusetts Hospital School in Canton for crippled children between five and fifteen years of age who are mentally competent to attend public schools. The Perkins Institution for the Blind gives specialized instructions to blind and deaf-blind. The Beverly School for the Deaf is a free school also open to Salem children. The Hospital Cottages for children in Baldwinsville is a private institution combining hospital and school for handicapped children under sisteen years of age. All child-hood diseases are treated except contagious diseases and severe mental disorders with special attention given to children with chronic heart disease, deformities, epilepsy and paralysis.

There are a number of Benevolent Resources in Salem, the distinction between the benevolent and social service groups being that workers in the Social Service groups have had specialized training. The Salem Chapter of the American Red Cross has a committee on Braille. Salem Volunteer Braillests transcribe pages of braille which are bound and sent to libraries throughout the country.

The Rotary Club of Salem also works toward benevolent ends and has worked out a youth's work program, in addition to their outstanding Christmas endeavors. Along the same line is the committee of the Kiwanis Club, in which the group plans outings and takes school children on short trips of educational interest. They also spend an amount each year for underprivileged children, on glasses, milk, hot lunches and other benefits.

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The Zonta Club raises money to contribute to various existing charities, such as the Young Women's Association, St. Mary's Guild, Girl Scouts, Family Service Association, and many others.

There are women's clubs, sewing circles and church organizations, who raise money to contribute toward worthwhile needs, and spend their meeting times making articles for use in hospitals, clinics, and other agencies.3

Resources that are mentioned in this chapter, and others that are not, were classified and placed on charts according to eleven headings, Social Service, Religious, Recreational, Personal Finance, Mercantile and Industrial, Legal, Insurance, Health, Educational, Civic, and Benevolent. These Community Resource charts were available to all who wished to refer to them, and copies may be seen in the Appendix.

These Community Resource charts have been one of the ways in which the Family Service Association has been able to further its goal of greater cooperation between all of those agencies that are striving for the betterment of the community and the individuals who live within it. One of the functions since the beginning of the agency has been to promote greater harmony, greater efficiency in the conduct of philanthropic work in the city and greater cooperation between the agencies. It was felt that this would mean in the words of their first president that,

"The city would benefit, the public would feel its effect, and the indi-

<sup>3</sup> Family Welfare Society, Salem Community Resources for the Welfare of its Citizens, 1940.

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<sup>9</sup> Family Welfare Society, Seles Community A sources for the Vellare of its Citizens, 1940.

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Board of Public Velfare or treatment from some other opening.

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<sup>4</sup> Ralph B. Harris, President, <u>Associated Charities of Salem</u>, <u>Thirty-Second Annual Report</u>, 1923

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A Malph B. Marris, Tresident, Associated Charities of Jalen, Thirty-Second Annual Rodort, 1927

# CHAPTER IV

### SUMMARY OF FINDINGS FROM STUDY OF SCHEDULES

The study of 167 cases from the Salem Family Service Association which were used for this thesis, indicated some interesting trends after the schedules were filled in and results compiled. Fifty-two of the cases were classified as "active", and 115 were classified as "short service."

Active cases were those which required intensive treatment by the agency worker during the year. Of the fifty-two cases, forty were classified as "under direct care" and twelve as "not under direct care," the former of these two classifications meaning that the client was receiving direct case work services and aid, or both from the Family Service Association, and the latter meaning that the client was receiving treatment from some other public or private agency in cooperation with the Family Service Association. For instance, in many of these "not under direct care" cases, the client was known to the Family Service Association for case work services, and at the same time received aid from the Board of Public Welfare or treatment from some other agency.

Short service cases included those which required only temporary or emergency treatment, which was discontinued after the completion of the service required. Of these 115 short service cases fifty-five cases had been active with the agency in former years and had been included in the case load because of an inquiry in regard to them, a friendly contact with them, or because of their request for advice on a particular short-time problem.

#### CHAPTER IV

## SUMMER OF PURDINGS PROM STUDY OF SCHEDULES

The study of 157 cases from the Salem Family Service Association which were used for this thesis, indicated some interesting trends after the schedules were filled in and results compiled. Fifty-two of the cases were classified as "active", and 115 were classified as "abort service."

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Also included in the short service cases were thirty-eight cases classified by the agency as "applications" which included cases referred to the agency for services that were felt to be within the function of some other agency and consequently transferred, or services that required only short time, specific treatment or direction, and continued contact was not indicated or desired. An "application" may have only included a first interview, which it was the agency's policy never to reject, and was considered a service in itself. Inquiries and out of town inquiries included requests for information from some other social agency in the community or out of town.

The following table will illustrate more clearly how the total case load of 167 cases which came to the attention of the agency during 1945 were classified.

TABLE I.

ANALYSIS OF THE CASE LOAD OF 167 CASES OF THE SALEM FAMILY SERVICE ASSOCIATION DURING 1945

Type of Case	No. of Families
Wildows of Spiriting During Land	
Active Cases Under direct care Not under direct care	40
Short Service Cases Inactive cases Applications Out of town inquiries Inquiries	55 38 12
	Total 167

Also included in the abort service cases fore thirty-eight cases referred classified by the agency has 'applications' which included cases referred to the agency for services that were felt to be within the function of some order agency and consequently transferred, or services that required only there time, apetitic transferred, or direction, and continued contact was not indicated or desired. As "application" they have only included a first inverview, which it was the desirey's policy never to reject, and was considered a service in itself. Inquiries and out of town inquiries included requests for information from some other social agency in the community of out of town.

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type of Case	selimen to on
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Applications Out of town inquiries Inquiries	25 20 20 12 20 12

Table II will show how many cases were new and how many were continued from previous years, and what number of new and continued cases were included in the active case load, as well as the number included in the short service case load.

TABLE II.

# NUMBER OF NEW AND CONTINUED CASES AMONG THE ACTIVE AND SHORT SERVICE CASES DURING 1945

Type of Case	No. of Families	
Active Cases Continued New	44 8	
Short Service Cases Continued New	85 30	
Total	167	

The Family Service Association has an integral place in the community, and during its lifetime since 1891 has had referrals from many increasing numbers of sources. Personal applications constituted the highest number of referral sources, as clients heard of the services of the agency through publicity campaigns, word of mouth or recommendations from friends or former clients. The following table will illustrate more clearly the original sources of referral. Only those sources were included which referred four or more cases, and this table shows the source of only 120 of the 167 cases studied. The remaining forty-seven cases were referred by sources which referred less than four cases each.

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Type of Cases
Active Cases
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157

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A A A DECEMBER AND A STATE OF THE PARTY OF T

# SOURCE OF ORIGINAL REFERRALS WHICH REFERRED FOUR OR MORE FAMILIES

TABLE III

Source	No. of Families
Personal application Family Service Association directors Benevolent persons Physicians Clergymen Family Service Association clients Board of Public Welfare American Red Cross Mass. Society for the Prevention of Cruelty to Children Neighbors	45 13 13 9 9 8 8 7
Total	120

First among the reasons for a family coming to the attention of the agency was the need for aid. Fifty-three of the 167 cases needed aid, and eighteen wished financial advice. Seventeen were referred from other agencies or from reliable persons who requested information. This latter number included the twelve out of town inquiries that came in during the year. Next on the list of reasons for referral was the request for employment which occurred in fourteen cases. There were ten requests for advice on marital problems, and nine requests for boarding homes for children. Eight families came to the agency for advice on legal matters, and six came because of emotional difficulties for which case work services were specifically requested. Another six cases were referred because it was felt the children in the family needed more physical or moral supervision than they were receiving. Most of these

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latter cases were referred to the Society for the Prevention of Cruelty to Children, as it was felt that such problems rightly came under their jurisdiction. Five families were referred for Fresh-air vacations for the children, which has been a special function of the agency since its organization in 1891. Another five were referred because of a need of health services. Four families came for advice on handling a problem child, two for vocational guidance, two servicemen came together to request transportation back to their service station, following the refusal of several other agencies. The remaining three did not seem to fit into any classifaction, and were classified as miscellaneous.

It should be kept in mind in going over the reasons for referrals stated above, that these are the tabulations of original referrals that may have been referred several or many years previous to the year 1945, and that treatment or indirect contact may have resulted in the case being an open one during the year studied.

The Family Service Association has had to limit itself to accept only those cases which come within the city limits of Salem, Massachusetts. Although cases which include areas outside of Salem are sometimes referred, the agency has always followed the policy of referring these cases to an agency which covers that particular area.

One aspect of the usefulness of an agency for family case work in the community is the willingness of the agency to take problems as they are referred to them and to explore and analyze them. After this exploration

<sup>1</sup> Associated Charities of Salem, First Annual Report, 1892

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the family agency can usually make constructive suggestions as to ways in which the community may organize itself or establish means to deal with prevalent problems. To be useful and integral parts of their community, family agencies must recognize the need of the community to have a resource to which part of the responsibility for society's problems may be delegated. To handle this, family societies must be equipped to interpret to the community the client's problems and needs, and to articulate their own objectives in working with individuals.<sup>2</sup>

The Salem Family Service Association has long been concerned with community relationships. Cooperation has always been considered one of the main functions of the agency from its very foundation, and a statement of this was included in every annual report. The executive secretary of the agency promoted cooperative and friendly relationships among social workers in the city by starting the Unity Club several years ago, Which was a social club to which all social workers in the city were eligible to belong. They met at regular meetings, made Christmas gifts for elderly people at the City Farm, and throughout the year made articles for other worthy causes. Their main function was not benevolent however, but social, and the organization of such a club contributed a great deal toward more efficient and friendly cooperative treatment of case work problems of the city. The Unity Club discontinued its activities as so many other clubs did, during the wartime years. It had served a purpose however, and a very definite one, for the Council of Social Agencies grew up as a result

<sup>2</sup> Cornelia Biddle, and others, op. cit., p. 86

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<sup>2</sup> Cornella Middle, and others, op. cit., p. 56

of this one small social club, and this Council now takes an active part in civic and social affairs of the community.

An illustration of how this cooperation among social agencies is working in this community can be found from the analysis of the 167 cases studied, which showed that fifty-nine of the cases were treated by the Family Service Association in cooperation with another public or private agency. Most prominent among these examples were thirteen cases treated in cooperation with the Massachusetts Society for the Prevention of Cruelty to Children, and eleven in cooperation with the Board of Public Welfare, four of which were treated in cooperation with the workers in the Aid to Dependent Children office. Three cases were treated in cooperation with the Society for Prevention of Tuberculosis. Two cases were treated in cooperation with the Salvation Army, and another two treated in cooperation with the Massachusetts Department of Public Health.

There were sixteen other agencies which each cooperated in one case during the year studied.

To explain what the writer has meant by "treatment in cooperation with other social agencies" a case will be cited in which treatment was carried on by three agencies, each one consulting with the other and working together for the benefit of the one family concerned.

The Campbell family has been known to the agency for over a period of thirteen years. They first applied to the agency shortly after their marriage asking for material relief, as the man was out of work and they had no money for food. At the time of their application Mrs. Campbell was expecting her first child.

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The family contacted the agency on several occasions since their initial application asking for material relief. in 1944 a worker from the Salem Society for Prevention of Tuberculosis contacted the agency asking if they would be willing to supervise the family budget. The family were receiving aid from the Aid to Dependent Children, but had no idea how to handle their money and were getting deeper and deeper into debt. Before the agency was able to get the budgeting under way, however, it was learned that Mr. Campbell had obtained work and the family were no longer receiving assistance.

Later the worker for the Society for Prevention of Tuberculosis again called regarding the case, asking if the agency would be willing to aid the family with food until the check from the Aid to Dependent Children arrived. Mr. Campbell had been ill for some time, and was unable to work. He had been hospitalized at the Sanitorium for Tuberculosis for some time off and on, yet at the present time was not ill enough to be returned to the hospital. Mrs. Campbell had found it impossible to live on the aid received from the Aid to Dependent Children as she had no idea of how to manage her finances and also because she had contracted bills. One of the bills was for back rent, contracted when Mr. Campbell was ill and unemployed. The worker from the Society for Prevention of Tuberculosis felt that Mrs. Campbell would gladly receive assistance from the agency on budget planning. The agency worker first contacted the worker from the Aid to Dependent Children who had no objections to the agency helping Mrs. Campbell plan her money, but said that they were taking on a "life time job."

Following this the agency gave Mrs. Campbell intensive training in handling her affairs and managing on her budget allowance. This treatment was carried on in fullest cooperation with the workers from the other two agencies. The Society for the Prevention of Tuber-culosis gave help with planning for proper menus to maintain proper nutritional intake for Mr. Campbell as well as for the rest of the family. The Aid to Dependent Children continued to aid, gave advice on budget allowances, and gave counsel in regard to insurance adjustments.

This case illustrates how three community agencies cooperated to give the maximum amount of treatment and health protection to a family who were totally inadequate to handle their own problems. Without the cooperation of all of these agencies treatment of the Campbells would have been impossible, or at least would have been very difficult and

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haphazard. On each one of the fifty-nine of the cases in which treatment was carried on in cooperation with other agencies, effective case work would have been hampered by a lack of cooperation.

Now that it is known the types of problems that are referred to the agency, and by whom they are referred, as well as those problems that are treated in cooperation with one or more other agencies, it would be interesting to include some mention of the marital status of the clients who require the case work services of a family agency. The following table gives the marital status of the "active cases" in this study.

TABLE IV

### MARITAL STATUS OF CLIENTS IN ACTIVE CASES

Marital Status	Numb	er of Famil	lies
Married Couples Single Widows Divorced Separated Widowers	on of an agency such	26 12 8 2 2	aster Laires A
	Total	52	

The next table will give the marital status of the 115 families who were clients classified as "short Service cases."

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# MARTIAL STATUS OF CLIMITS

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26 12 8 9 2 2 2		Married Concles Singla Widows Divorced Separated Vidowers
	lateT	

The next table will give the marks status of the 115 families who were clients classified as "short Service cases."

TABLE V

MARITAL STATUS OF CLIENTS
IN SHORT SERVICE CASES

rital Status	Number of	families
Married Couple Single Separated Widows Divorced Widowers	51 19 16 15 8	Capillon '
Tota	115	

In the short service cases, almost 27 per cent of the clients were divorced or separated. The percentage was lower in the active cases, since the number of divorced or separated clients constituted 13 per cent of the total number of active cases.

To determine the function of an agency such as the one under study some mention must be given to the types of treatment it gives to the clients who apply for its services. The writer had some difficulty in classifying the type of treatment on the schedules since treatment was so varied with individual cases and needs. For the most part, the classifications used to describe treatment are the ones that the agency currently uses as a means of classifying treatment for its annual report. Table VI will give a description of the treatment used in the active cases. The total will exceed fifty-two, or the number of active cases, because in some cases more than one of these treatment classifications would be included in the total treatment process.

TABLE V

### MARITAL STATUS OF CLIENTS IN SIGHT SHRVIGH CASES

collins		entett latira
	15 15 16 19	Married Couple Single Separated Widows Widowers

In the short service cases, almost 27 per cent of the clients were divorced or separated. The percentage was lower in the active cases, since the number of divorced or separated clients constituted 15 per cent of the total number of active cases.

To determine the faction of an agency such as the one under study some mention must be given to the types of treatment it gives to the clients who apply for its services. The writer had some difficulty in classifying the type of treatment on the semedules since treatment was so varied with individual cases and needs. For the most part, the classifications used to describe treatment are the ones that the agency ourrently date as a means of classifying treatment for its amoust report. Table VI will give a description of the treatment used in the active cases, cases. The total will exceed firty-two, or the number of active cases, because in some cases more than one of these treatment classifications would be included in the total treatment process.

The writer will not attempt to classify the treatment given in the short service cases, because of their variety, and because such classification does not seem to have sufficient bearing on the subject.

TABLE VI

TREATMENT OF ACTIVE CASES

	Treatment	Number	of	families
var.	Friendly contact Advice on problems Direct relief Christmas remembrance Hmployment Indirect contact Arranged for Fresh Air vacation Friendly contact with client in Supervision of family budget Advice on insurance problems Recreation Settlement of unsettled estate Record of information Vocational guidance	service	32 35 19 13 10 7 3 2 2 1 1 1	patient elimie or ease, and others of the treatment or interes to the cames to the main instances of a funda or beneve-
		Total	130	

The social resources used in treatment during the year are varied and cover a number of different problems. In order for them to be included in this study the agency must have definitely suggested and helped to secure the resource for the client. One of the outstanding and typical uses of social resources in the community was the use of the Children's Home at 17 Carpenter Street for the temporary and emergency care of children used in four cases. The agency secured the services of the North Shore Babies Hospital for the infants in three families. The Red Cross Motor Corp was used three times to transport people to and from a

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TABLE VI

Paniliss	to reduct	estment	
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hospital for medical treatment. The agency enabled five children to go to summer camp under various different auspices, either by partially or totally financing the camps or by recommending that they be included on the list of those who took children at nominal fees or without charge. Convalescent care was secured for two cases, one through a church fund, and one through a fund available at the Salem Hospital for worthy cases. Two cases were referred for treatment to the Salem Child Guidance clinic, and two to the Salem Veterans' Clinic. Six cases received treatment at various clinics for health services, some at the out-patient clinic of the Salem Hospital, some at a clinic for venereal disease, and others at the out-patient clinic of the Middleton Sanitorium for the treatment of tuberculosis. Two elderly people were helped to get into the Old Ladies' Home, and one elderly man helped to gain admittance to the Bertram Home for Aged Men. In addition there were some instances of recommending families to receive benefits from certain funds or benevolent societies. There were fifty-three instances of obtaining or taking part in obtaining social resources, found among the 167 families studied. In some instances there would be more than one social resource that was used in treatment of a family.

The previous information has been compiled from the schedules to help point out the function of the agency and the service it offers, the scope of the agency within the community, and the way in which other community agencies utilize the services it offers. The cooperative relationship with other social agencies in treatment of these cases, and the way in which social resources are utilized to meet the needs which present themselves in case problems was also an objective studied

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on the schedule.

In the first chapter, it was further stated that this study would also attempt to point out the social needs of the community which were not treated because of lack of adequate resources to meet the problems which prevailed during the year studied. Treatment which was held up or not completed because of lack of resources was a question which was included on the schedule, and some significant discoveries were made by a study of this question when the writer analyzed each one of the 167 cases used in the study. There were ten cases which could have benefited by an Adult Mental Hygiene Clinic in the community, and four which showed a need of a specialized child placing agency which is not included in the community's resources. Another four cases were problems of aged people who were rather "peculiar" and difficult custodial care problems. These four could not adjust properly in any convalescent homes or boarding places because of their eccentricities, and yet were not sufficienly unadjusted to warrant their commitment to a state hospital for the insane. A proper boarding place, specially equipped to care for such difficult old people, would probably have been the answer to their problems although there is some disagreement as to the advisability of such homes. Three cases presented unsolvable problems because of the lack of facilities to enable a feeble-minded member of the family to be admitted to one of the State Schools for feebleminded. One case illustrated the need for a temporary shelter home in the community for the temporary or emergency care of children. Two illustrated the need of a day nursery for children in Salem, and two the lack of community resources to adequately supervise those diagnosed

on the school at.

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It should be mentioned that this one case that illustrated the need for a temporary shelter home in the community could not be admitted to the Children's Home because they did not have enough beds. The Children's Home reduced the number of beds that could be occupied because of the shortage of personnel.

The four cases which illustrated a need for some type of specialized care for elederly people who are difficult and eccentric to deal with brings out a problem that has been receiving some discussion at present because of its increasing importance.

It has been brought out in studies of the situation that sociological changes of the recent past have influenced families to an increasing reliance on public facilities rather than on personal responsibility in the care of their elderly relations. In one study made it was felt that the lack of attention to psychiatric problems of old age will result in such over-crowding of the Mental Hospitals that the treatable condition of other patients will be neglected. It was felt the adequate custodial care of difficult elderly people should and must be provided, or a serious problem will result. 4

The following chapter will be a more intensive discussion of case problems in the study which were felt to illustrate a need for specialized psychiatric help for adults who were having emotional difficulties.

<sup>3</sup> Nelson A. Johnson, "The Growing Problem of Old Age Psychoses", Mental Hygiene, 30:448, July 1946

<sup>4</sup> Ibid., p. 449.

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#### CHAPTER V.

# CASE STUDIES TO ILLUSTRATE THE NEED OF A PSYCHIATRIC CLINIC IN THE COMMUNITY.

In the previous chapter it was mentioned that ten of the cases studied from the total case load of 167 cases showed a need for the services of an Adult Mental Hygiene Clinic such as the one that was held under the auspices of the Danvers State Hospital, and discontinued because of a shortage of personnel a few years ago. This chapter will include a discussion of the ten cases that the writer felt would have benefited from the services of a psychiatric clinic such as the one that previously operated in Beverly and Lynn. These clinics were open to Salem residents and were easily reached from Salem.

The Lynn Adult Mental Hygiene Clinic operated in Lynn from October, 1929 to May, 1942, and the Beverly Adult Mental Hygiene Clinic operated from January, 1939 to May, 1942. At that time the Danvers State Hospital discontinued this service because it was felt that the war time demands upon their doctors were too pressing to permit their services to extend outside of the hospital itself.

In these clinics, as in most clinics of its type, it was not the goal of the therapy to remodel the whole personality or to remove or cure a deep rooted neurosis that might respond only to long and intensive analytic treatment if at all. Rather the psychiatrists for the most part intended to treat some of the components of the neurotic personality with the aim of removing the specific disability that was handicapping the patient. It was realized that even in cases of successful

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treatment many of the symptoms would remain, but that the patient would be helped to attain an ability to withstand the vicissitudes of life.

At the time of closing the two clinics available for use in this community under study, it was realized by doctors and laymen alike that the community was being deprived of a very important preventive service. Psychiatric clinics treat the problems of early maladjustment and personality disorder before they develop into full blown psychoses, and in many cases treatment averts incurable chronic illness and admissions to already over crowded mental hospitals. All of the ten cases which are discussed may not have been so serious that lack of treatment would have resulted directly in a psychosis or admission to a mental hospital.

Social workers for the most part may recognize the symptoms of an emotional disorder, and in some instances may treat it adequately. They are not qualified to make a diagnosis of the disorder, however, and what is even more important, they are not equipped to predict the prognosis of the case. For this reason neurotic manifestations should usually be observed by the psychiatrist who can decide whether the disturbance is of a sufficiently serious nature to warrant intensive psychiatric treatment or whether case work treatment could suffice to dilute the maladjustments and enable the client to effect and maintain the emotional stability necessary for his happiness.

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## CASE 1.

The first case illustrates some of the maladjusted behavior patterns of a young girl, which might have been modified by psychiatric treatment.

Joan B. was referred to the agency by the Red Cross in 1945. Joan was a sixteen year old, unmarried mother who needed help in planning for her two months old son. At the time of referral Joan and her baby were living with Joan's father. An aunt was acting as housekeeper for the family and caring for Joan's baby during the hours Joan was employed as a waitress.

The family background was extremely unstable. Mr. and Mrs. B., Joan's mother and father were married for seventeen years when Mrs. B. met another man, fell in love with him, divorced her husband and went south with the other man. Mr. B. allowed her to have the custody of the youngest son, but the mother left the other three children with her first husband without a struggle. Joan, then fifteen years old, stayed with her father for a while, and then went south to join her mother.

While in the south with her mother, Joan became pregnant illegitimately. She claimed that a service man was the father of her unborn child, but when he was contacted by the Red Cross he denied paternity, and said that there were many others who could equally have been responsible. Joan's mother persuaded her to go back to the father and tell him that she had been married, a story which Joan stuck to persistently for a while, and then admitted was false.

Her confinement took place in a benevolent maternity hospital in Boston, and Joan stayed there for a while trying to make up her mind what she wished to do with herself and the baby. She talked frequently of returning to her mother in the south, but finally decided to take the baby and go home to her father.

After a short while with her father, Joan came to the agency asking for help with a plan for herself and her baby. She said that her aunt was unwilling to keep on caring for him, and that she herself did not want to stay home and be housekeeper for her son and her father. Joan said that she would like to return to her mother in the south, but did not have the money for the trip. Apparently she was confused about what she did want to do because at another time during the interview, she said that she would like to do waitress work in New Hampshire with some of her girl friends and board the baby with someone near by. Another time she said that she would like to do housework near her father in a place where she could also keep her baby with her.

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Later Joan's father and grandfather came to the agency, saying that Joan was a great problem at home and they did not know what to do with her. She was hanging around bar rooms, and had changed the date on her birth certificate so that people would think she was older. The mother had arrived the day before with one of the girls who had been staying with her, as they had had some disagreement and the mother was returning the girl to the father. The mother wanted to take Joan's baby with her, and Joan insisted on going too. The father understood that Joan had made arrangements with the mother, however, to get off in New York, and be on her own.

The agency worker telephoned the Massachusetts Society for the Prevention of Cruelty to Children since Joan was under seventeen and her illegitimate baby was also involved in the plan. Miss C., the Society for the Prevention of Cruelty to Children worker, asked that the father and grandfather discuss the problem at her office, and they left the agency to keep an appointment with Miss C.

Later Miss C. called to report that she had suggested that the father take out a warrant at the District Court against Joan for waywardness, and Mr. B. had started to do so, but had decided to have the case dismissed later.

It was finally arranged that Joan should return south with her mother and leave the child with her older sister at the father's house. Joan stayed with her mother about three months, but while there took an overdose of sleeping powders. When she returned to Salem, she was found to have contracted venereal disease and was given treatment.

Joan again came to the office to ask for help in planning for her child. She was even more confused than in her previous talks with the agency worker. She gave a rather disconnected story, and said that she did not know just what to do with herself and the baby. Her aunt could no longer care for the baby, because her husband had returned from the service. Joan herself did not wish to stay at home from work and care for the baby, saying that she could not afford to do so. Joan said that her aunt had some plans for placing the baby, but was very indefinite about this. She left the agency saying that she had not made up her mind what to do and that if she really needed a boarding home, she would let the agency know.

It was at this point that the agency contact with Joan ended.

From contact with her, however, it was very evident that she was an immature, unstable girl, who needed concrete constructive psychiatric help to straighten out her attitudes and thoughts. She showed ambivalent feelings, and wavered between her desire to be with her mother who had remarried

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Joan also seemed to be torn between affection for her baby, which was on a very immature level, and her desire to be rid of the trouble of her child and the expense that he caused her.

Her immaturity, instability, and lack of ability to formulate plans all indicated underlying personality disorder, and this young girl could have probably benefited by the services of an Adult Mental Hygiene Clinic, to determine her attitude and help her work out her feelings in regard to her mother, father and son.

It is interesting to note, that some months after the contact of the agency with Joan, the agency received a letter from the Reformatory for Women at Framingham, Massachusetts, asking about the agency's contact with her in the past. Joan had been committed to the institution for being a Stubborn Child, on complaint of her father. It was stated that in the institution she was presenting a serious personality problem, had a history of suicidal tendencies, and that the psychiatrist considered her a prepsychotic personality.

#### CASE 2.

The second case is that of the Lawtons, who were known to the agency since 1930. The problems of the case were complex, and Mrs.

Lawton began to show neuroitc symptoms as a result.

In 1930 the case was referred by the Red Cross as Mr. Lawton had written them a letter asking them for aid. They in turn referred it to the Family Service Association because they did not feel that it was a problem with which they were concerned.

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The agency had several interviews with the Lawtons in the beginning of the contact, finding them wholly unreliable and not willing to cooperate in spending their money wisely. Mr. Lawton earned adequate income to support his family but had contracted many bills and were going without the necessities of life. Furthermore they were not willing to accept the guidance of the agency as to how to handle their money more wisely. The family were living in a very squalid condition for which they were paying a high rent to Mrs. Lawton's family. The agency refused to aid further unless living conditions were improved, as the place was not a proper one for the family to live in, and they could not afford the amount of rent. The agency tried to work with the family for three months, and then insisted that the Lawtons' move, which would mean that Mrs. Lawton's family would have to receive aid from the Board of Public Welfare, because the main support of the Lawtons would be removed. The agency felt that this would have been preferable to the conditions as they then stood, however. The Lawtons did not wish to move, and consequently were told that they should request whatever aid was needed from the Board of Public Welfare.

A few months later the family was again referred to the agency. There had been arguments among the in-laws who claimed that Mr. Lawton had been married before his present marriage to Mrs. Lawton and never legally divorced. Mr. Lawton had requested aid from many social agencies, all of whom had refused because he was not legally married to his wife.

Mr. Lawton came to the agency office, and said that he had enlisted in the army when he was a young boy and had been married to a girl whom he met while in service. At the marriage ceremony they both gave fictitious names and he gave his address as Colorado. They were separated for some time, and each wanted to live his own life, They never really lived together as man and wife, the man claimed. Eight years later Mr. Lawton stated that he had returned to this part of the country and found that his wife had married some one else and had a baby. His wife told him that their marriage had not been legal, and she had had no difficulty in marrying her present husband. Therefore, Mr. Lawton claimed that he had no reason to believe that the marriage was legal and had married the present Mrs. Lawton all in good faith. He said that the families knew about the previous marriage, which none of them considered legal. Shortly before the interview, however, the brother-in-law became angry with Mr. Lawton and told the worker at the Soldier's and Sailor's Relief, so that his assistance was discontinued.

the beginning of the contact, finding them wholly unreliable? and not william to cooperate in spending that's coney winely. and vilimed sid froques of emospi essupebe begree gotwel . The -leason and function aming erow bus allie your betagines had ties of life. Farthermore they were not villing to accept the ruldance of the agency as to how to handle their money nors wisely. The family were living in a very squalid condirion for which they were paying a high rent to Mrs. Lawton's family. The agency refused to aid further unless living conditions sers improved, as the place was not a proper one for the family to live in, and they could not afford the enount of rent. The agency tried to work with the lamily for three months, and then incisted that the lawtons' move, which would mean that are. Lewton's family would have to receive aid from the Board of Fuella welfers, because the main surjort of the Instans would be removed. The aronay felt that this would however. The lawtone die not wish to move, and consequently from the Board of Public walfare.

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ir. Lawton came to the appropriation and east chat. The been married to a girl whom he met while in service. At the marriage derenden they both gave floritions and Tol Defenerat ones vent . coestolol or energiae off ever en some time, and each wanted to live his own like, They never really lived together as an and wire, the ran claimed. Sight years later or lawton statel that he had returned to when I mad win blot will will all the bed and seed one cook matriage had not been legal, and she had but spelvish in marrying her present bashed. Therefore, in larten At the morett ery present out caltrem ban bas layed way good faith. As said that the Camilles that about the previous marriage, which none of them considered legal. spi-mi-renjord and , revewer, total and eroled vistade became angry with ar. lawton on tol the tors of the Soldier's and Sailor's Relief, so that his assistance was discontinued. Mr. Lawton said that he had been advised to take legal steps to clear up the matter, but that no lawyer that he had approached would take on the case because he had no money. He did get one lawyer to ask his first wife if she would consider a divorce, but she said that she would not as she did not want any publicity and considered that her marriage was a legal one.

The Massachusetts Society for the Prevention of Cruelty to Children were called in on the case, as both Mr. Lawton and his first wife had children by their second marriage. There seemed to be no way to solve the situation, however, as Mrs. J. the first wife, refused to geta divorce under any circumstances, and Mr. Lawton could not obtain one as he had no grounds. The police did not wish to go in on the case because Mr. and Mrs. J. were such well-known and respected people. Since the whole affair would not only create much notoriety but be a very difficult situation to work out as far as the children were concerned, nothing further was ever done about it.

The agency has continued to have contact with the Lawtons throughout the years, however, as they have continually requested aid, and have gone to one social agency after another. Their requests were not always legitimate ones, and Mr. Lawton was the one who usually did the asking, although Mrs. Lawton occasionally requested help also.

The case has been carried on for years with conferences between the Family Service Association and the Society for the Prevention of Cruelty to Children, the Board of Public Welfare, and the Soldiers' and Sailors' Relief, all of whom have been interested in the problem.

Mr. and Mrs. Lawton seemed to be emotionally unadjusted. Mr. Lawton was studied at the Lynn Adult Mental Hygiene clinic when it was in operation, and Mrs. Lawton seemed to be in need of psychiatric help later.

Mrs. Lawton was nervous at home, unable to concentrate, and unable to remember what she had done with her money. She was further disturbed when one of the relatives told the oldest daughter that her mother and father were not legally married, and the oldest daughter became very upset by this and did not wish to continue living at home. In the later years, the problem has been under the treatment of the Society for the Prevention of Cruelty to Children rather than the Family Service Association, because of the nature of the problem and the legal situation involded. The agency has had enough contact to know what the situation was from time to time, however, as well as hearing from the Lawtons frequently when they requested aid.

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The Society for the Prevention of Cruelty to Children worker felt that Mrs. Lawton was highly nervous and about due for a breakdown. Whereas before Mrs. Lawton had considered herself legally married to her husband, she now began to have doubts about her marital status. She worried over it constantly, although no one seemed to be able to reach any decision about what should be done. Mrs. Lawton would have no doubt have received help by talking over her problems with a psychiatrist who could have helped to allay some of her guilty feeling about her marriage. Although she had logical grounds for her worry, there did not seem to be any workable solution to the situation, as there had been a great deal of discussion about the problem and no solution had been reached. Mrs. Lawton was probably the most innocent of all the parties concerned, and she could have probably benefitted by psychiatric interviews. Her husband had long been an unstable, neurotic and maladjusted individual who felt that the world owed him a living. His examination at a clinic for mental health had been arranged by the Society of the Prevention of Cruelty to Children some years ago when the clinic was still operating.

Mrs. Lawton showed inability to concentrate and to remember what she had done with her money. At first she was more capable than her husband in handling affairs, but later became so disturbed about the situation that she gave up completely and felt overwhelmed and depressed by her problems. This feeling seemed to be immediately precipitated by her daughter finding out about the situation from an irate relative. There was real denger that her depression might have serious consequences, especially since there was such a reality factor involved in

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the situation. It seemed that Mrs. Lawton had reached the point where she could have accepted the help of a psychiatrist and used it constructively in adjusting herself to a difficult reality situation.

### CASE 3.

The third case was that of Mrs. Doyle who had difficulty relating to people, particularly to women, with whom she immediately became competitive. She had an extreme desire to defend herself and her position, and had the need of feeling in her own mind that she was superior to people with whom she came in contact.

In 1939 Mrs. Doyle came to the agency office to ask for help in managing her budget. She had read a recent article in the paper which mentioned this as one of the services of the agency. She wanted it understood that she was not asking aid and never had (which was untrue as she had received aid from other agencies in the past), but was merely asking for advice as to how to handle her money more wisely.

Mrs. Doyle seemed to fear that some one would see her coming into the agency office, and also refused to have a visitor call at her house, fearing that the neighbors might see her and talk about it. Mrs. Doyle was brought up for the most part of her childhood by two rather domineering and exacting maiden aunts. Her relationships with her mother and father were dwarfed by those with her aunts, however, as she seemed to fear what they would think of her. Even after her marriage they handled some of her affairs, and Mrs. Doyle was terrified for fear that her aunts would discover that she was coming to the agency for help.

Mrs. Doyle had seven children, and admitted that none of them knew the true situation, and that she had always tried to keep the fact that they did not have much money from them. She had also lived in fear that her children would discover that her husband sometimes did beach combing to get some extra money for their needs, as this was a fact that she considered a terrible disgrace.

Several of Mrs. Doyle's brothers and other members of her family had died of tuberculosis, and the client was so ashamed of this fact that it was impossible for the agency worker to get her to discuss it, although there was some just cause for believing that one of her daughters should have a physical check up.

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The agency did not have much contact with the family, except an occasional meeting with Mrs. Doyle on the street. Whenever the agency worker did meet Mrs. Doyle by chance, however, the client always gave a hasty greeting and then left as she said that she was so afraid that someone she knew would see them and think that she was receiving aid. Several years later, in 1945, the client again contacted the agency, as she was disturbed about her husband, whom she declared was having an affair with a sixteen year old girl.

Mrs. Doyle continually kept coming into the agency bringing insignificant bits of information which she interpreted as evidence of her
husband's infidelity. She was vague about giving details, as she was
either unable to bring herself to tell the facts or she wished not to
disclose some of the things that she knew.

The girl that Mrs. Doyle was complaining about was the eldest in a family where the mother had been in a mental hospital for several years. It was felt that possibly the children in this family were not being given enough supervision and that it would be best to refer the case to the Society for the Prevention of Cruelty to Children for investigation. Mrs. Doyle was very hesitant about talking to the worker from the Society for the Prevention of Cruelty to Children because she was afraid that someone would think that there was a question of her own children being neglected. Finally she decided to see the worker at the office of the Family Service Association, as she did not mind going there quite so much.

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Finally, Mrs. Doyle, tried to persuade her husband to go to a psychiatrist, as she felt that he needed help. Mrs. Doyle went to several physicians and one neurologist who suggested that she see a psychiatrist, but she thought that they wished her to see a psychiatrist to discuss her husband. Mrs. Doyle had no insight into the situation and did not realize that part of the difficulty was the result of her own suspicious and jealous attitude.

In analyzing the case it was felt that Mrs. Doyle's problems could have been lessened by treatment at an Adult Mental Hygiene Clinic. In all probability she would only have consented to attend a psychiatric clinic with the idea that she was going to discuss her husband, as she had become firmly convinced that he was in need of treatment.

Mrs. Doyle showed many paranoid tendencies in her attitudes as she felt that everyone was concerned with her personal affairs, that people would watch who she talked with on the street and who came to her house. She was also afraid that someone might see her going into the office of a social agency. The only member of the family that Mrs. Doyle was willing to have the agency talk to was a cousin of her husband's, who was a reliable informant and one whom the agency worker had previously met. Mrs. Doyle was extremely apprehensive about prospective talks with

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SCHOOL OF SOCIAL WORK

any of the children because she claimed that they sided with the father, or with anyone else in the family. The cousin described Mrs. Doyle as difficult to get along with, and always of an extremely jealouse and suspicious nature. He said that the children always preferred their father, as he was opposite in disposition.

Mrs. Doyle had a personality defect of long standing apparently fostered by a neurotic dependency on two aunts, Her immaturity and inability to face situations and reality squarely may have been the result of her failure to emancipate herself from her family, and extricate herself from the domination of her aunts who had doted on her since child-hood. A few psychiatric interviews might have alleviated the stress of the immediate situation which was disturbing her, but long time treatment undoubtedly would have been necessary to dilute some attitudes which were the basis of her self-centered and querulous nature.

#### CASE L.

The fourth case illustrates the problems of a girl who showed definite maladjustments in her adolescent and early adult years, then seemed to show great improvement after treatment by an agency case worker, only to relapse into neurotic symtoms which appeared later following an unhappy and unfortunate marriage.

Eileen was referred to the agency in 1934 by the supervisor at the Civil Works Administration where she was employed, The supervisor was interested in her because she felt that she needed much supervision and direction primarily because she was missing so much work on account of excessive drinking. Eileen was twenty-three years old at the time, and the supervisor felt that something should be done to help her, especially since she apparently had no one in her family who was reliable and took an interest in her.

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The agency discovered that Eileen's mother had had a long time terminal illness, and that Eileen had stayed at home to care for her, leaving high school in the second year. The rest of the family, two sisters and one brother, continued with their education, and all seemed to be well adjusted emotionally and economically. Eileen, however, had a history of drinking and going out with undesirable young men since the age of fifteen. She did not have the opportunity or the education to go out and earn money as her siblings did, and therefore was rather shunned by the rest of the family. The other sisters did not make a chum of Eileen, and dressed much better than she did and went with their own friends. Eileen had to make her own social contacts, and always made the most undesirable ones.

Shortly after the referral of the girl to the agency it was learned that she was pregnant, and the Massachusetts Society for the Prevention of Cruelty to Children took over the case, arranging for her pre-natal and maternity care. At five months, she had a miscarriage, however, and following hospitalization obtained work as a domestic. She did not wish to remain in the home with her father who drank excessively and who she realized was not a good influence for her to remain with. She did very well as a domestic, but the family she obtained work with could not afford to keep her. The agency was keeping in close touch with Eileen at this time, but since there was no work for her to do at the moment, the only alternative seemed for her to return home to her father. After she was there for a while, however, she got in touch with the agency worker saying that she was drinking again and could not keep sober if she stayed at home.

Eileen obtained a job as a maid in a home with six children, and seemed to do very well. She did not drink at all for a while, and then had a slight upset and lost her job. Following this she met a young man who became interested in her, but told her that he was going to discontinue acquaintance if she ever drank too much. Eileen seemed to be like a new girl after she met him, and finally after several years courtship married the man against the wishes of her sisters, who did not care for him because he was of a different religion.

Eileen was married in 1939, and the agency had occasional friendly contact with her. At first she seemed to be happy and contented in her marriage, but after a couple of years of married life her husband started to drink excessively. He became very abusive to her and she gave stories of a very miserable married life. She went to the probation office and told them her story. The worker at the probation office however, felt that Eileen was developing symptoms of a psychiatric disorder, and that she was definitely in need of treatment. For a while there was some question of her taking narcotics, but nothing was ever proved about it. No one had any evidence of her starting to drink again, although her husband drank excessively.

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It is interesting to note that although Eileen was a malajusted girl who drank, was promiscuous, and need guidance and supervised care, she showed some improvement during her treatment by the agency worker, and showed an even more definite improvement after she met her husband. He seemed to demand that she give up alcohol, and gave her the real incentive to pattern her behavior along more socially acceptable lines. Following her marriage to this same man, however, it seemed that the situation reversed itself, and he was the one who drank excessively. It is not known during this period if Eileen also drank, but she did show other signs of a neurotic disturbance. She acted queerly when she went to the probation office, and said that her husband kept threatening to put her away. She was evasive when she met the agency worker, had lost a great deal of weight, and looked rather physically ill. She said that she was afraid to go to a doctor, and could not be persuaded to do so, as she was afraid that he might know that she once had an illegitimate child.

Eileen showed symptoms of a basic disorder of personality in the early years of her life, but seemed to be able to make an adjustment to it later, and conduct herself in a satisfactory and acceptable way. As soon as environmental stresses again became pressing, however, she succumbed to realistic difficulties, and again showed neurotic symptoms of a slightly different nature.

It seemed that all of her life she had been a person whose stability depended on the external circumstances of her surroundings. She got along apparently well until her mother died, and then followed her father's pattern of over indulgence in alcohol. Following that she was in a congenial situation which she reacted to excellently, but unfortunately this could

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not be continued because her employer could not afford to continue with her services even though her work was satisfsctory. Eileen again returned to her father to establish a pattern of drinking and promiscuity that was felt to be almost impossible to change. She recovered from this, however, but it was a longer and slower process than her former successful adjustment. She had several lapses during this struggle against circumstances and her own weaknesses and inadequacies, but responded fairly well to treatment by the agency worker.

When she met her husband she showed a steady and marked improvement, and was not only willing, but anxious to live up to his demands of her. She refused to take a drink and was supremely happy with him during the years of their courtship and early marriage. Little is known about the circumstances of these years, because at that time Eileen was so well adjusted that agency contact was not necessary. As soon as the environmental situation again became a difficult one, Eileen had repeated emotional upsets, however, and the help of a psychiatrist at that time could have probably been useful to her.

Eileen showed in her past relationships with the agency worker, that she was anxious to make a relationship to a person and improve herself in her desire to win their approbation. This explained somewhat her improvement during the treatment with the agency, and her improvement due to her desire to please the young man whom she later married. After her improvement however, there was nothing further for her to do to keep on winning the approbation of her husband.

Although little is known about the husband, it may suspected that he had need of reforming someone else because of his own desire to drink. not be continued because her employer could not afford to continue with her services even though her work was satisfactory. Mileen again returned to her father to establish a pattern of drinking and promiscuity that was felt to be almost impossible to change. She recovered from this, however, but it was a longer and slower process than her former successful adjustment. She had several lapses during this struggle against circumstances and her own weaknesses and inadequacies, but responded fairly well stances and her own weaknesses and inadequacies, but responded fairly well to treatment by the agency worker.

Then she met her nusbend she showed a steady and marked improvement, and was not only willing, but envious to live up to his demands of her. She refused to take a drink and was supremely happy with his during the years of their courtship and early marriage. Little is known about the circumstances of these years, because at that time Mileen was so well adjusted that agency contact was not necessary. As soon as the environmental situation again became a difficult one, Mileen had repeated anotional upsets, however, and the help of a paychiatrist at that time could have probably been useful to her.

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Following this period of mutual disillusionment the husband started to drink, and Eileen was again faced with a reality situation that she did not have the basic stability to cope with. Previously she had been able to relate herself to a social worker in such a way as to bring about a desire in herself to improve, in order to win the "love" of the worker.

Now, she had no incentive to form such a relationship because it was not her own improvement that would have been the goal, but the improvement of her husband.

In view of her past attempts to adjust to her situation and overcome her own shortcomings, it would be a safe wager that she would not have needed long time treatment at a psychiatric clinic, but could have been benefitted by a few interviews, in which she might have been able to make a decision as to what to do about her marital situation. Treatment also would have helped to ease some of her guilt feeling about her former illegitimate pregnancy which was beginning to assume large proportions in her own mind, and cause her much shame. Long time analytic treatment might have reached her deep seated disturbances and strengthened her ego and super ego structure which apparently had not been developed sufficiently to enable her to handle the demands of the id.

#### CASE 5.

The agency did not have as complete a contact with Mrs. Boudreau as they had with the previous four cases, but external facts indicated that this client was also in need of specialized treatment for neurotic difficulty because her marital problems resulted in a nervous breakdown. This breakdown was apparently not a severe one, and lasted only a few weeks, but the basic disorder remained, and her adjustment with her husband

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showed no improvement.

Mrs. Budreau was referred to the agency by a friend, a former client, and came to the office by appointment to discuss her marital problems with the social worker. The marriage had been a forced one and she said that her husband had never been a good provider and was inclined to shift from one job to another.

To make matters worse in the past years, he had been drinking heavily and had also been taking out other women, she believed. Mrs. Budreau gave a long story of disagreements with her husband over rather small inconsequential details, He was never abusive to her, provided her with money regularly, but she objected because he drank so much and was out of the house all the time with friends whom she did not approve of, Mrs. Budreau did not respond very well to suggestions of the worker, and said that she herself had been feeling ill, and mentioned the name of several doctors and a chiropractor that she had been to.

The client also said that a few weeks before her interview that she had had a nervous breakdown, and that her husband had been very upset by it and had admitted to the doctor that the trouble had been the result of his heavy drinking.

Mrs. Budreau had been examined by several doctors, all of whom told her that her rather vague complaints were due to nerves, and that she should straighten out her marital situation in order to avert a serious breakdown. She was also examined at the Lahey Clinic and had an interview with the psychiatrist there, who also told her that her troubles were wholly due to nerves.

The agency record does not include enough information to speculate about the basis of Mrs. Budreau's neurosis, but her vague symptoms of physical discomfort, which the social worker could not get her to describe specifically, and which seemed to have no organic basis, were concrete evidence of neurotic manifestations which might have been handled most beneficially by a psychiatrist.

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### CASE 6.

The sixth case, that of the Caldwell family, was only a short time service case, but Mrs. Caldwell's attitudes indicated superfically at least, the need of psychiatric aexamination and possible treatement.

Mrs. Caldwell came to the office asking help in finding a temporary boarding home for her baby, who had been in the Children's Hospital, and was to be discharged. She could not care for him as she and her husband were separated and she was living in a rooming house. The agency has no child placing function, but called the North Shore Babies' Hospital, and found that they had a vacancy and would be willing to take the child. Worker told Mrs. Caldwell that she and her husband would have to make their own arrangements about board, payment, and so forth when they took the baby to the hospital that evening. Mrs. Caldwell was very tense during the interview, her hands shook noticeably, and she was evidently under extreme tension.

Later Mr. Caldwell telephoned for an appointment at the agency which he later kept. He said that he was much disturbed about his wife, and felt that she was really mentally ill. He said that recently she went to his room, undressed herself and threw herself on the couch, telling him that if he wanted to get rid of her he would have to call the police. He said that he had known that she was married before and divorced, but really was at fault because he had not looked up the facts of the true situation. Later he discovered that her husband had been given custody of the children, and that that in itself was enough of an indication that something was wrong about her. Mr. Caldwell claimed that after he married her he also discevered that she had had an illegitimate baby the year before, but the baby had died.

The man claimed that he made an attempt to get along with his wife, but that she was very difficult. For instance he bought a turkey for Thanksgiving, which she refused to stuff after he had cleaned and prepared it. He made the stuffing and his wife picked it up to put it in the oven. It was so heavy that she dropped it however, and this made her so angry that she kicked it across the room, then picked it up and threw it in the garbage. At Christmas time, Mrs. Caldwell also made a similar scene.

The Massachusetts Society for the Prevention of Cruelty to Children said that they had known the case of Mrs. Caldwell was definitely "queer" although she had come from a nice family. She had had three illegitimate children before her first marriage, and had had a reputation of hanging around in beer parlors. She worked in one, and slept there in a room back of it, never leaving the place for weeks at a time.

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Mrs. Caldwell was obviously maladjusted, and did not conform her life to socially acceptable standards. She had told her husband that she was willing to go to a psychiatrist, but he did not have the money to afford it. Her behavior was along such lines as to indicate that her non-conformities were symptoms of a very deep underlying disorder, and the only possible treatment for her in their financial circumstances would have been that offered in a clinic. The record does not give any information about Mrs. Caldwell's early life, except that she came from a "nice family" but she had three illegitimate children before her first marriage, then married and divorced, and custody of her children was given to the father. Following this she had another illegitimate child who died, and then married again but did not get along with her husband for more than a few months. It would be difficult to say just how much a psychiatric clinic which was not equipped to give long time intensive treatment would have done for this woman, whose difficulties seemed to be the result of a long established pattern of behavior.

#### CASE 7.

The seventh case was that of a disturbed mother who left her home and children without any notice on one occasion for seven months, and then left them again shortly after her return for several more months. In between these absences she was depressed, made suicidal threats and at times had violent tempers. Before marriage she had been brought into court by her mother on a charge of stubborness because she had insisted on marrying her husband, and had been sent to the House of The Good Shepard for a while, but when she was discharged from there she had married her husband in spite of all of her mother's attempts.

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This client was said to have never gotten along well with her mother, and has probably fostered a good deal of resentment toward her, and has harbored much aggression which she has many guilty feelings about. Her suicidal threats may be only a dramatic attempt to gain sympathy, but on the other hand there is a possibility that they may be a symptom of this pent up aggression turning inward so that she may some day feel the need of acting out her aggressive impulses on herself. Suicidal threats are serious, at any rate, and should come to the attention of a psychiatrist who can best determine whether they are of a serious nature, and whether the patient needs treatment.

#### CASE 8.

The next case of Mary F. was one which the agency knew little about. It was referred by the family doctor, who had taken care of Mary's mother during her last illness and was referring the case because Mary had a nervous breakdown following her mother's death. The other sister who was supporting the family had to stay at home from work and take care of Mary. Before the agency could go in on the case the sisters found that they had enough money to carry on for a while without receiving aid. Mary, however, might have benefited by some treatment at a psychiatric clinic. She had always stayed at home, never mixed socially, was said to be shy and had few interests. Apparently she was very dependent upon her mother, and had never completed her emancipation from her parent. When her mother died, she immediately let herself go, and had a nervous breakdown. Possibly she may resented her dependence upon her mother and her inability to emancipate herself, and had an overwhelming sense of guilt and subsequent depression because of her unconscious aggressive wishes against her

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The ninth case was that of a woman in her early sixties who came to the agency asking for help in finding a position as housekeeper. She had gone from place to place working for very short periods of time, and it was discovered that in each place she left because of her personality which was a very difficult one to cope with. She was domineering, bossy, and did not do satisfactory work because many times she would refuse to do what her employers asked of her. She objected to cats in the house as she was afraid of them, got peculiar notions about her food, and because of an underlying personality defect could not adjust in any situation. A clinic equipped to give only short time therapy may not have been able to change her basic attitudes, but a psychiatrist might have been able to help her to adjust better to environmental situations if he was able to establish a good rapport with her. In each place that she worked her employer considered her definitely peculiar and a possible case of mental sickness.

Case 10.

The last case, the Hunt case had been known to the agency since 1923.

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continued off and on since this time, and Mrs. Hunt has kept up a friendly contact with the agency seeming to welcome the supportive treatment of the agency worker. Mrs. Hunt became upset about her son Kenneth, who had a nervous breakdown while studying and working, and was sent home from the job. This upset did not seem to last more than a few weeks, following which he returned to his position. He had had a history of stomach trouble previously, however, and this would indicate symptoms of a basic neurotic disorder in an apparently intelligent person who was able to adjust to it fairly well. It would seem that from the symptoms that Kenneth was showing, that some preventive work of a psychiatrist was indicated if it had been available, because it would not be possible for the social worker to predict his later adjustments. He has shown a tendency to neurotic disturbances indicated by his stomach trouble, and further indicated by his nervous breakdown which forced him to give up work for a few weeks. If he has no difficult emotional strains in his environment in later life, he may go through life without another neurotic episode. If he is subject to many stresses, however, he may have a more serious breakdown, and it seems that some preventive work would be indicated here to give him some stability which he can draw on in later crises.

The discussion of these cases has served to indicate the varying degrees of need of these clients for treatment in a physiatric clinic. Some of the clients discussed may go through life without any further manifestations or psychotic disorder. Realistically, however it must be recognized that there is not so much that can be done with those patients who have already developed a full blown psychosis, or a psychoneurosis

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that is so severe as to handicap the person in his everyday living relationships. Such cases usually require adequate custodial care and treatment within an institution, and there is little that the clinic psychiatrist can do but recommend this. On the other hand, the clinic is meeting a challenge in accepting speculative cases which are showing early symptoms of neurotic disorder. They would prefer to have this type of patient referred to the clinic for treatment, because in this way they can better carry on their preventive function.

It has already been pointed out that social workers cannot conscientiously make up their minds what the prognosis of a case of neurotic behavior will be, and on that basis decide whether to refer it to a clinic for the treatment of a psychiatrist. It should be mentioned that cases of an acute nature could be treated by a private psychiatrist, as there are several excellent ones in the community, or could be examined at a Boston clinic. However, neither the private psychiatrist nor the out of town clinic answers the need of the community; the former because of the expense, and the latter because of the long distance to be traveled, particularly if the patient had to report regularly for treatment.

The use of psychiatric clinics within the community has long been an established and important part of preventive medicine, and without doubt they will be reopened when availability of doctors will permit.

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### CHAPTER VI.

## SUMMARY AND CONCLUSIONS

This study was written in an attempt to show case work problems that typically present themselves to a family society in a city of approximately 40,000 people. It was felt that by studying all of the cases that came to the attention of the family society during the course of one year, some picture would be gained of some of the actual social problems prevailing in a community, as well as a picture of how the community takes care of its problems, and what specific services and skills are available for this purpose.

The study included a background history of the family agency studied from its very first organized meeting, and pointed out some of the changing trends in its philosophy of social case work. It showed how the earliest ideas of friendly visiting, almsgiving, and environmental manipulation, which constituted the treatment at the turn of the century, gave way to the newer concepts of specialized case work treatment of underlying personality difficulties.

It would be very difficult, if not impossible, to evaluate with any degree of accuracy, the actual contribution that a good family society makes to the individuals within the community and to the community itself. The writer can conclude after completing this study, however, without any reservation or apologies, that the existence of such a family agency in the community since 1891 has been of untold value to the community, and to the individuals who have benefited directly or indirectly by its services. Family societies such as the one that has been studied, and many others

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throughout the nation, have been ever ready to pioneer in community betterment, and in improved techniques of giving service to human beings in the attempt to restore peace, sanity and the natural worth of human living.

An attempt to depict case work problems occurring in a certain community would not be complete without giving a picture of the community itself, and the resources which it contained for the treatment of the needs that arose. The third chapter gave a generalized discussion of the physical aspects of the community, with some mention of its social and economic structure and its interesting historical background. In the Appendix the reader will find a list of charts copied from those compiled by the agency where this study was conducted. These charts were compiled in 1937 for agency and community use, and were currently revised for use in this thesis. The study of the community resulted in a picture of very complete community resources except for one or two lacks which will be brought out later in this chapter.

Analysis of the schedules showed that the cases that come up during the year presented a variety of problems, and were referred from a number of different sources. Most prominent among the reasons for the original referral to the agency was the need for aid which constituted 31%, or almost one third of the total case load. The next most prominent problem, was one closely allied to the need for aid, and included 10.7% of the cases classified as those needing financial advice. This number would include those who needed budget counseling as well as those who wished advice concerning realty or personal property.

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Family agencies have long been reporting that the trend of the services which they are offering their clients is slowly turning away from

relief giving, and their function is gradually being recognized as one of case work services designed to treat personality disorders in which the need for relief may or may not be a symptom. As divorce rates increase and marital problems are looming large in the horizon after a period of war-torn years, it is not surprising that the need for counsel on marital problems comprised 5.9% or almost 6 % of the entire case load. In addition, 10.7% of the total number of clients were either separated or divorced. These figures are of sufficient importance to warrant emphasis, as this is a problem that is assuming such large proportions that it is becoming a matter of national concern. Here is a way in which family societies can and do contribute toward human welfare in a large degree. As the problem increases, however, family societies will have increasing difficulty in meeting its challenge. From a study of the challenges that such societies have met in their years of early development, however, one gains a confidence that they can and will live up to their past achievements in this most menacing problem.

Also numbered among the original referrals were nine requests for boarding homes for children, which amounted to 5.3% of the total requests. This was interesting because the agency does not include child placing among its functions, and there is no agency in the community that carries on this function except the Catholic Charities Center which provides only for Catholic children.

Since the study also attempts to point out some of the social needs of the community and the number of cases which were not treated because of lack of adequate resources to meet the problems which prevailed during the year studied, there has been previous mention of this need for a child

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placing agency which was found to occur in four cases during the year. The nine cases with requests for child placing service at referral were tabulated as the reasons for original referral to the agency and may have taken place several years before 1945, which ws the year selected for study of the cases. This is the reason for these nine cases not being included in the number which were said to have had treatment held up or not completed because of lack of adequate resources. The four that were included in this category were those in which the problem definitely came up during that year.

The need for a child placing agency has received a great deal of discussion in social service circles in Salem, and the community is cogzinant of the fact that there are no adequate provisions for carrying on this service. All of the social agencies have discussed possible solutions for this problem at various meetings. Because of the close cooperative relationships among agencies which has been apparent in many instances throughout the preceding study, and because of the excellent community awareness of social needs, it is the writer's opinion that adequate provision will soon be made for proper child placing service.

Emotional problems at present are considered more important than they have ever been before, and are known to be the basis of physical illness and all types of social malajustment. Each day brings forth further discussion and discovery on the importance of emotions and research is being carried on most extensively in this field. Therefore, it is evident that this community is considerably handicapped by the lack of facilities for psychiatric treatment of adults in a clinic at nominal fee or free of charge. This study uncovered that the lack of a mental hygiene clinic

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was the most prevalent unmet need in the community. There had formerly been clinics to fill this need, but these were discontinued during the war because of shortage of personnel. A discussion of ten cases which the writer felt illustrated the need of treatment at a clinic of this type pointed out that the function of such a clinic is mainly preventive, and for this reason important to the welfare of the community as a whole.

There is so much discussion now going on about improvements to be made in the field of mental health, that the writer may also venture to guess that this lack of psychiatric service in a community setting of this type will soon be remedied. It has been pointed out that the clinic was discontinued during the stress of the war years, but this does not lessen the need for its services, and in fact may have increased the need. The work of such clinics is primarily preventive, and progressive communities such as the one under study are always more interested in preventive measures rather than remedial ones. This study included a discussion of typical cases that came up during one year that could have used psychiatric treatments, and the writer feels that the community will soon become aware of this problem and make an attempt to provide some adequate psychiatric services.

It is true that this study may have brought out some of the unmet needs in the community, but it is equally true that it has brought out far more emphatically than the writer was initially aware of that the community has always striven to meet its needs and has always put forth united, cooperative and intelligent effort to meet problems in an adequate and realistic way. It is much to the credit of the community that most of the difficulties encountered in treating case work problems were

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due to war time pressures and shortages. With the splendid record of the community and of the agency studied, which has always been a pioneer in programs of social betterment, the way is now pointing toward forward goals for effective treatment. New facilities and renewed effort will be more necessary than ever before during the post-war rehabilitation years that are ahead.

Approved

Richard K. Conant, Dean

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Approved

Richard K. Conent. Deer

#### APPENDIX

- I. A copy of the Community Resource Charts of Salem, Massachusetts, compiled by the Family Service Association for their Community Resource file.
  - Chart 1. BENEVOLENT
    - " 2. CIVIC
    - " 3. EDUCATIONAL
      - a. Clinics
      - b. Clubs
      - c. College Alumni Groups
        - d. Funds
        - e. Immigration and Americanization
        - f. Libraries
      - g. Parent Groups
        - h. Schools
      - i. Study and Publicity Groups
      - j. Teachers' Groups
        - k. Vocational Education
    - " 4. HEALTH
      - a. Camps
      - b. Clinics
      - c. Dentists
        - d. Funds
        - e. Hospitals
      - f. Inspection
        - g. Nursing
      - h. Physicians
    - 5. INSURANCE
    - " 6. LEGAL
    - \* 7. MERCANTILE AND INDUSTRIAL
    - \* 8. PERSONAL FINANCE
    - " 9. RECREATIONAL
    - " 10. RELIGIOUS
    - " 11. SOCIAL SERVICE
      - a. Community Service
      - b. Family Service and Relief
      - c. Group Work
      - d. Institutional and Foster Care

# APPENDIX

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    - DIVID .S.
  - S. EDUCATIONAL
  - a. Clinica
    - b. Clubs
  - c. College Alumni Groups
    - d. Punda
  - noiterineoirema one noitergionI . 9
    - mairgridil .
    - g. Farent Groups
      - . Schools
    - 1. Study and Publicity Groups
      - i. Teachers' Groups
      - M. Vocational Education

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- Bosses . A
- b. Clinics
- ereijned ..
  - shoul at
- e. Hosoitel
- I. Immeetica
  - E. Mursing
- A. Physicians
  - . 5. IMBURANCE
    - JACKI . 6 .
- 7. MERCANTELE AND THINESPOTAT
  - " 6. FRESONAL PINALUE
    - TARRETTARTORE . P
      - endrolish .of
    - " II. SCOTAL SERVICE
  - a berge withnessed . B
- Service and the service of the services
  - droup Worst
- onel reserve and Poster Care

# CHART 1. BENEVOLENT

American Red Cross
Salem Chapter
Committee on Braille

Business & Professional Women's Club

Churches

First Church Guild First Universalist Church Gamma Sigma Chi

Kiwanis Club
Boys' and Girls' Work Committee

Rotary Club
Youth's Work Committee

Rotary Women

Sewing Circles
Busy Bees
Cheerful Workers
Thread & Needle

Thought & Work Club
Philanthropic Committee

Zonta Club

Salem Women's Club
Community Service Committee
Sub-Committee for Service to the Blind

CHART 1. BENEVOLENT

American Red Cross Salem Chapter Committee on Braille

Business & Professional Momen's Club

hurches

First Church Guild First Universalist Church Genna Signa Chi.

Kiwania Club

Boys' and Cirls' Work Committee

Rotary Club

Youth's Work Committee

Rotary Women

Sowing Circles
Busy Boes
Cheerful Workers
Thread & Mordle

Thought a vork Club Pailantaropic Committee

Zonta Club

Salem Jones's Club
Community Service Committee
3ub-Committee for Service to the Blind

## CHART 2. CIVIC

Chamber of Commerce Civic Division

Clubs

Franco-American Federation
Italian-American Club
Polish-American Citizen's Club
St. John's Polish Society

Political

Men's Democratic Club
Franco-American Republican Club
National Union for Social Justice
(Sixth Congressional District)\*
Salem Women's Democratic Club
Salem Women's Republican Club
Witch City Republican Club

Essex County Jewish Civic League

North Salem Civic Club

Salem Planning Board

Salem Community Council

Community Fund

Veteran's Administration

<sup>\*</sup> Out of town organization

# CIMIT 2. CIVIC

Chamber of Commerce

Route

France-Merican Sederation Italian-American Club Polisb-American Citizen's Club St. John's Polish Society

Political

Men's Democratic Glub
Franco-American Republican Club
National Union for Social Justice
(Sixth Congressional District)\*
Salam Women's Democratic Club
Salam Women's Republican Glub
Witch City Republican Glub

Essex County Jewish Civic Losgue

Worth Salem Civic Club

Salem Planning Board

Salem Commingty Council

Community Mand-

Veteran's Administration

and and town organization

# CHART 3. EDUCATIONAL

Clinics
Speech Teacher
(See Child Guidance Clinic
listed under Health)

Clubs
Hard of Hearing
American Society for the Hard
of Hearing \*
Lynn League for the Hard of
Hearing \*

College Alumni Groups
Boston College Club
Bowdoin Club of Essex County
American Assn. of University
Women-North Shore Branch \*
North Shore Boston University Club
North Shore Brown University Club
North Shore Tufts College Club
Salem Club of Northeastern
University
Salem Smith College Club

Funds
Board of Trust Function Commissioners, Scholarships,
Lectures & Library
Kiwanis Club
Scholarships
Mack Industrial School
Scholarships
Rotary Club
Student Loan Committee
Salem Rotary Educational Trust
Salem Society for the Higher
Education of Women
Scholarships
Saltonstall School Fund

Immigration & Americanization

American Legion
Committee on Americanization

Franco-American Federation Committee
on Naturalization & Americanization
State Department of Education \*
Division of Americanization

Division of Americanization and Immigration

\* Out of town organization

Libraries
Athaneum
Essex Institute
Salem Public Library

Parent Groups

A. A. Low School Association

Bowditch School and

Home Association

Endicott Parent Teachers Assn.

Salem Mother's Club

Saltonstall Parent Teachers

Association

Study and Publicity American Public Welfare Association \* American Social Hygiene Assn. \* Birth Control League of Mass. \* Family Welfare Assn. of America \* Mass. Assn. for Childhood Education \* Mass. Society for Mental Hygiene \* Mass. State Conference of Social Work \* State Department of Education \* Division of the Blind State Department of Public Health \* Thought & Work Club Educational Committee Social Work Publicity Council

Teachers' Groups
Salem Teachers' Association

Vocational Education
Family Welfare Society
of Boston \*
Vocational Consultant
Kiwanis Club
Vocational Guidance Committee
State Dept. of Education
Division of Vocational
Education
Rehabilitation Section

# CHART S. EUUCATIONAL

Clinics
Speech Teacher
(See Child Juidance Clinic
Listed under Health)

Olube
Hard of Hearing
American Society for the Hard
of Hearing \*
Lynn Leagus for the Hard of
Hearing \*

College Club

Boston College Club

Bowdoin Club of Essex County

American Assn. of University

Women--North Shore Branca \*

North Shore Boston University Club

North Shore Brown University Club

North Shore Tufts College Club

Salem Smith College Club

Funds

Soard of Trust Function Couniesioners, Scholarships,

Kiwanis Club
Scholarships
Mack Industrial School
Scholarships
Student Loan Counities
Salem Society for the Higher
Education of Women

Saltonotall School Fund

Immisration & Americanization
American Legion
Committee on Americanization
Franco-American Federation Committee
on Naturalization & Americanization

State Department of Education \* Division of Americanization and Immigration

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Libraries Athaneum Resex Instituta

Farent Ground
A. A. Low School Association
Bowditon School and
Bowditon School and
Bome Association
Endicott Parent Teachers Assn.
Salem Mother's Club
Salem Mother's Club
Saltonstall Parent Teachers
Association

American Public Welfers
Association \*
American Social Hygiene Assn. \*
Birth Control League of Mass. \*
Family Welfers Assn. of
America

Mass. Asst. for Childhood Education \* Mass. Society for Mental

Hygiens \* Hygiens \* Mass. State Conference of

Social Work \*
State Department of Education \*
Division of the Blind
State Department of
Public Health \*
Thought & Work Club
Educational Committee

Teachers' Ground

Vocational Education
Pamily Welfare Coolety
of Poston \*
Vocational Consultant

Alwants Club
Vocational Suidance Counities
State Dept. of Education
Division of Vocational
Education
Renabilitation Section

## EDUCATIONAL, Continued

# Schools

## Academic

Private Schools Parochial Schools St. Chretienne Academy Hebrew Community Center

## Public

Elementary Schools Evening Schools Salem Classical & High School Summer School

# Attendance Officer

Backward & Feebleminded Center School Department of Mental Health Walter E. Fernald School \* Wrentham School \*

#### Blind

Perkins Institution \* Sight Conservation Classes

## Commercial

Salem Commercial School

## Crippled

State Department Public Welfare Mass Hospital School, at Canton \*

#### Deaf

Beverly School for the Deaf \*

# Defective Delinquent

Bridgewater State Farm \*

#### Nursing

Salem Hospital School of Nursing North Shore Hospital for Babies (Training for Nursery Maids)

## Protection

Bethesda Society, Boston \* Orchard Home School, Waverly \*

## Reform

Essex County Training School\* Plummer Farm School State Department of Public Welfare Industrial School for Boys \* Industrial School for Girls \* Lyman School for Boys \* Mass Reformatory \* Women's Reformatory \*

School Committee Superintendent of Schools Trade Schools Beverly Trade School \* Essex County Agricultural School \* Farm and Trades School \*

# Vocational

Vocational High School

\* Out of town organization

# Schools

# Academic

Private Schools Parcchial Schools St. Chretienne Academy Hebrew Community Center

## Public

Elementary Schools Evening Schools Salem Classical & High School Summer School

# Attendance Officer

Backward & Reebleminded Center School Department of Mental Health Walter E. Pernald School \*

## Bitnd

Perkins Institution \* Sight Conservation Classes .

# Commercial

Selem Commercial School

#### Delouito

State Department Public Welfare Mass Hospital School, at Canton

#### Dear

Beverly School for the Dear "

Defective Delinquent Bridgewater State Parm \*

#### BUTEIN

Sales Hospital School for Babies seids Tor Istigson erode diron (Training for Nursery Meids)

#### Protection

Batheads Society, Boston \* Orchard Home School, Waverly \*

## Reform

Essex County Training School\*
Flummer Sens School
State Repartment of Public Welfare
Industrial School for Goys \*
Industrial School for Girls \*
Iyman School for Boys \*
Mass Reformatory \*
Women's Reformatory \*

Sencol Committee
Superintendent of Schools
Trade Schools
Beverly Trade School \*
Esser County Agricultural School \*

# [enoiteool

Vocational High School

Farm and Trades School \*

## CHART A. HEALTH

Camps Boy Scouts of America North Shore Council Camp Worshobo Boxford Camp \* (Operated by North Bennett Street Industrial School) Seamen's Orphan and Children's Friend Society Summar Day camp Clara Barton Camp (Diabetic Children) \* Day Camps Girl Scouts Camp Scout Haven Outdoor Camp Recreational Day Camp Y.M.C.A. Island Camp Essex County Health Association\* Essex County Health Camp Girl Scouts Camp of the Four Winds\* Camp-in-the Pines\* Camp Weetamoe\* Camp Wingarsheek\* N.E. Deaconess Association\* J.W.Wilbur Health Home \* Salem Association for Prevention of Tuberculosis Salem Fraternity Rowley Camp\* Clinics Board of Health Clinics

Chadwick Clinic (Operated by Essex Sanitorium) Dental Clinic Schick Test (Diptheria) Vaccination Clinic (Smallpox) Danvers State Hospital Clinics\* Out-Patient (City Hall, Salem) Harvard Infantile Paralysis Commission\* Children's Hospital Out-Patient Dept.\* Infantile Paralysis Clinic\* Judge Baker Guidance Center\* Lahey Clinic\* Lydia E. Pinkham Baby Clinic N.E.Deaconess Hospital\* Cancer Clinic George Baker Clinic for Diabetics Goiter Clinic \* Out of town organization

Clinics, Continued Salem Association for the Prevention of Tuberculosis Diagnostic Clinic Tuberculosis Clinic Salem Hospital Clinics Crippled Children Dietary Massage Medical & Surgical Orthopedic Pre-Natal State Department of Mental Health Division of Mental Hygiene Adult Mental Hygiene\* Salem Child Guidance Clinic Walter E. Fernald State School\* Clinic for Backward Children\* State Department Public Health Cancer Clinic, (Lynn Hospital) \* Genito Urinary(Lynn Hospital)\*

# Dentists Mass State Dental Society\* North Shore District

Funds

Board of Trust Fund Commissioners.

Infantile Paralysis Fund

Mass. Tuberculosis League

Essex County Health Association\*

Christmad Seals

Hospitals
Board of Public Welfare
City Hospital
Board of Health
Contagious Hospital
Disabled Veterans Hospital
Service
Essex County Sanitorium
Florence Crittenton Hope Ctg.\*
North Shoe Babies Hospital
Salem Hospital
State Department of Mental
Health
Bridgewater State (Criminal Ins)\*
Danvers State Hospital\*

# CHART & HEALTH

Boxford Camp \* Seamen's Orphan and Children's Clara Barton Camp (Diabetic Children)\* Recreational Day Camp Y.M.C.A. Island Camp Camp of the Four Windas Camp-in-the Piness Camp Westamos\* N.S. Deaconess Association . \* amoH dileaH modit. W.L Climica Board of Health Climics Chadwick Clinic (Operated by

Character Clinic

Besex Sanitorium)

Bental Clinic

Schick Test (Diptneria)

Vaccination Clinic (Smallpox)

Denvers State Hospital Clinics\*

Out-Fatient (City Hall, Salum)

Harvard Infantile Paralysis Commission\*

Children's Hospital Out-Fatient Dept.\*

Infantile Paralysis Clinic\*

Indep Chinic\*

Labey Clinic\*

Lydia E. Pinkham Baby Clinic

W.E.Desceness Hospital\*

Cancer Clinic

Cancer Clinic

Coiter Olinic

Clinics, Continued
Salem Association for the
Prevention of Tuberculosis
Diagnostic Clinic
Tuberculosis Clinic
Salem Hospital Clinics
Crippled Children
Distary
Massage
Massage
Orthopedic

State Department of Mental Health
Division of Mental Hygiene
Adult Mental Hygiene
Salem Child Guidance Clinic
Salem Child Guidance Clinic
Salem Child Guidance Chinic
Salem Child Guidance Childrene
Clinic For Backward Childrene
State Department Public Health
Cancer Clinic, (Lynn Hospital)
Genito Crinsry(Lynn Hospital)

# Dontlets

Mass State Dental Society\*

Board Posts of Trust Pand Commission

Infantile Peralysis Fund Mass. Tuberculosis Loagus Tesex County Health Associations Christuad Seals

elationoH.

Board of Public Welfers
City Hospital
Board of Health
Contagious Hospital
Disabled Veterans Hospital
Service

Essex County Canitorium Florence Crittenton Hope Ctg. \* North Shoe Babies Hospital Salem Hospital State Department of Mentel Health

Bridgewater State (Criminal Ing)

a Oit of town organization

HEALTH, continued

Hospitals, continued
Monson State Hospital (Epileptics)\*
State Department of Public Health
Lakeville State Sanitorium\*
(Extra Pulmonary Turberculosis)
North Reading State Sanitorium\*
(Childhood Type of Tuberculosis)
Pondville Hospital (Cancer)\*
Rutland State Hospital\*
(Adult Pulmonary)
State Department of Public Welfare\*
State Infirmary (Tewksbury)

Inpesction

Board of Heath Foods Plumbing Sanitary

Nursing

Board of Health
Contagious Nurse
Infant Welfare Nurse
Community Health Association
Industrial Nurses
Metropolitan Insurance Co. Nurse
Salem Hospital
School of Nursing
Cooperative Service with
District Nursing
School Department

School Department
School Nurse
Women's Friend Society
District Nursing Committee

Physicians
Board of Public Welfare
City Physician
Mass. State Medical Society\*
Essex South Medical Society\*
School Department
School Physicians

\*Out of town organization

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Hospitals, continued
Monson State Hospital (Epileptics)\*
State Department of Public Health
Islaville State Sanitorium\*
(Extra Pulmonary Turberculosis)
North Heading State Sanitorium\*
(Childhood Type of Tuberculosis)
Pondville Hospital (Cancer)\*
Rutland State Hospital\*
State Department of Public Welfers\*
State Department of Public Welfers\*
State Infirmary (Tewksbury)

Roard of Heath
Foods
Flumbing

Nursing

Board of Health

Contagious Nurse

Community Health Association

Industrial Murses

Metropolitan Insurance Co. Murse

Salem Hospital

School of Mursing

Cooperative Service with

School Department

School Department

School Murse

Physicians
Soard of Public Welfars
City Thysician
Mass. State Medical Society\*
Easex South Medical Society\*
School Department
School Physicians

CHART 5 - INSURANCE

Fraternal Organizations
Ancient Order of United Workmen
Christopher Columbus Society
New England Order of Protection
Polish Roman Catholic Union
Sons of Italy
Marco Polo, Lodge
Romano Lodge

Sons of Poland
John Hancock Mutual Life Insurance Co.

Massachusetts, Commonwealth of,
State Industrial Accident Board\*

Metropolitan Life Insurance Co.

Salem Five Cents Savings Bank
Agent for Mass. Savings Bank Insurance

Social Security Board (Bureau of Old Age and Survivors Insurance)

<sup>\*</sup> Out of town organization

# CHART 5 - INSURANCE

Fraternal Organizations
Ancient Order of United Workmen
Christopher Columbus Society
New England Order of Protection
Folish Homan Ostbolic Union
Sons of Italy
Harto Polo, Lodge
Homano Lodge
Sons of Foland
John Hancock Matuml Life Insurance Co.

Massachusethe, Commonwealth of, State Industrial Accident Boards

Metropolitan Life Teaurance Co.

Salem Five Cents Savings Bank Insurance Agent for Mass. Savings Bank Insurance

Social Security Board (Bureau of Old Age and Survivors Insurance)

# CHART 6 - LEGAL

Court (Essex County)
First District Court
Probation Officers
Superior
Probation Officers
Probate

Essex County Bar Association

Jails (Essex County)
Salem Jail and House of Correction
Industrial Farm (Middleton)\*

Legal Aid Society (Boston)\*

Mass. Dept of Public Safety
Division of State Police
State Police Woman

Police Department

Salem Bar Association

Salem Woman's Club
Legislative Committee

Thought & Work Club
Legislative Committee

U. S. Immigration Service (Gloucester)\*

<sup>\*</sup> Out of town organization

# JASEL - d TRABO

Court (Essex County)
First District Court
Probation Officers
Superior
Probation Officers
Probate

Essex County Bar Association

Jails (Essex County)
Salem Jail and House of Correction
Industrial Marm (Middleton)\*

Legal Aid Society (Boston)\*

Mass. Dept of Public Safety Division of State Police State Police Woman

Police Department

Salem Bar Association

Salem Woman's Club Isgislative Committee

Thought & Work Club Legislative Counittee

U. S. Immigration Service (Gloucester)\*

# CHART 7 - MERCANTILE & INDUSTRIAL

Chamber of Commerce
Mercantile Division
Industrial Division

Employers' Association of Eastern Mass.

Labor Organizations
Central Labor Unions

State Department of Education
Division of the Blind \*

\* Out of town organization

# CHART 7 - MERCANTILE & INDUSTRIAL

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Labor Organizations Central Labor Unions

State Department of Education

## CHART 8 - PERSONAL FINANCE

Essex County Acceptance Corporation \*

Home Owners' Loan Corporation \*

Industrial Bankers

Jewish Free Loan Society

Mass. Assn of Personal Finance Companies \* Social Service Division

Merchants' National Bank

Morris Plan Company

Naumkeag Trust Company

Roger Conant Cooperative Bank

Salem Cooperative Bank

Salem Credit Bureau

Salem Five Cents Savings Bank

Salem Savings Bank

Household Finance Corporation

Personal Finance Company

St. Joseph's Credit Union

Salem Cooperative Consumer's Society

Salem Credit Union

State Loan Company, Inc.

<sup>\*</sup> Out of town organization

## CHART 5 - PERSONAL FINANCE

Essex County Acceptance Corporation .

Home Owners' Loan Corporation \*

Industrial Bankers

Jewish Free Loan Society

Mass. Assn of Fersonal Finance Companies a Social Service Division

Merchants' National Bank

Morris Plan Company

Naunkeag Trust Company

Roger Conant Cooperative Bank

Salem Cooperative Bank

Salem Credit Bureau

Salem Five Cents Savings Bank

Salom Savings Bank

Household Finance Corporation

Personal Finance Company

St. Joseph's Credit Union

Salem Cooperative Consumer's Seciety

Malam Credit Union

State Loan Company, Inc.

## CHART 9 - RECREATIONAL

Aquarium Society

Catholic Youth Organization

Hebrew Educational and Community Center

Churches

Recreational Activities

Father Mathew Total Abstinence Society

Hadassah, Junior

Hadassah, Senior

Mass. Federation of Garden Clubs \*

Now and Then Association

Pickman Park Neighborhood Assn.

Quest for Beauty Club

St. Thomas Men's Catholic Club

Salem Garden Club

Salem Junior Women's Club

Salem Oratorio Society

Salem Park Department Municipal Golf Course

Salem Women's Club

The Social Circle (for the blind)

Thought & Work Club

Young Men's Catholic Temperance Society

Young Men's Hebrew Association

\* Out of town organization

CHART 9 - RECREATIONAL

Aquarium Society

Catholic Youth Organization

Hobrew Educational and Community Center

Churches

Recreational Activities

Father Mathew Total Abstinence Society

Hadassab, Junior

Hadassan, Senior

Mass. Federation of Carden Clubs .

Now and Then Association

Pickman Park Weighborhood Assn.

Quest for Beauty Club

St. Thomas Men's Catholic Club

Salem Gardan Club

Salem Juniar Tomania Club

Salemoratorio Society

Salem Fark Department Municipal Golf Course

Salem Women's Club

The Social Circle (for the blind)

Thought & Work Club

Young Men's Catholic Temperance Society

Young Men's Hebrew Association

notition organization

## CHART 10 - RELIGIOUS

Social Belations Committee

Churches (Protestant)

Calvary Baptist

Crombie Street (Congregational)

First Baptist

First Church (Unitarian)

First Church of Christ Scientist

First Spiritual Alliance

First Spiritual Temple

First Universalist

French Evangelical

Grace Church (Episcopal)

North Salem Community Church

Non-Demominational

St. Nicholas Russian Orthodox

St. Peter's Episcopal

Salem Gospel Mission

Salvation Army

Second Church (Unitarian)

Tabernacle (Congregational)

Wesley Methodist

Churches (Catholic-Roman)

Immaculate Conception

St. Anne's

St. James

St. John the Baptist

St. Josephs

St. Mary's

St. Thomas the Apostle

St. John's Ukrainian

Churches (Jewish)

Congregation Sons of Jacob

Mass. Christian Endeavor Union

Protestant Men's Club Executive Committee

Salem Minister's Association

# CHART 10 - HELIGIOUS

Churches (Protestant) Crombie Street (Congregational) First Baptist First Spiritual Alliance Non-Demominational St. Micholas Russian Orthodox St. Peter's Episcopal yana nolisvist Second Church (Uniterian) Tabernacle (Congregational) Churches (Catholic-Roman) Immaculate Conception St. Anne's St. James St. John the Baptist St. Josephs Bt. Mary's St. Thomas the Apostle Bt. John's Ukrainian Mass. Christian Endeavor Union

Protestant Mon's Club Executive Committee

Salem Minister's Association

## CHART 11 - SOCIAL SERVICE

Community Service

Kiwanis Club

Com. on Under Priv. Chn.

Rotary Club

Christmas Work Com.

Community Service Com.

Salem Women's Club

American Home

Community Serv. Committee

Mothercraft Committee

Thought & Work Club

Comm. Service Committee

Comm. on Mothercraft

Volunteer Service Comm.

Daughters of the American Revolution Col. Timothy Pickering Chapter

Committees

Conservation & Thrift

Ellis Island

Girl Home Makers

Manual for Citizenship

Student Loan Fund

National Civic League, Mass. Branch

Dept. of Infirmaries \*

Family Service & Relief

American Red Cross

Salem Chapter

Home Service

Board of Commissioners of Trust Funds

Board of Public Welfare

Aid to Dependent Children

Old Age Assistance

Outside Relief

Catholic Charities Centre

Churches (Protestant)

Crombie St. (Cong.) Women's Assoc.

First Baptist Women's Society

First Church (Unitarian)

The Alliance

Social Service Committee

First Universalist

Mission Circle

Women's Association

Grace Church

Social Service Committee

Women's Auxiliary

Family Service & Relief, Cont. Lafayette Street Methodist

Ladies Aid Society

St. Peter's

St. Margaret's Guild

Second Church

The Alliance

Work Committee

The Evening Alliance Social

Service Committee

Tabernacle (Congregational)

Women's Association

Social Relations Committee

Welfare Committee

Wesley Methodist

Social Service Committee

Churches, Roman Catholic

Guild's of St. Thomas

St. Thomas

St.Barbara's

Immaculate Conception

St. Mary's

St. Vincent de Paul Society

of Immaculate Conc.Parish

St. James' Parish

St. John The Baptist Parish

St. Joseph's Parish

St. Thomas Parish

Churches, Jewish

Cong. Sons of Jacob

Hebrew Ladies Aid Assoc.

East India Marine Society Family Service Association

Fraternal Organizations

B'nai Brith

Eastern Star

Elk's Benevolent Prot.

Knights of Columbus

Loyal Order of Moose

Mason

Essex Lodge

Starr King Lodge

Odd Fellows

Essex Lodge

Fraternity Lodge

Salem Temple Club

\* Out of town organization

# CHART 11 - SCOIAL SERVICE

Com. on Under Priv. Chn.

Christmas Work Com.

Community Service Com.

Salam Women's Club

Community Serv. Committee

Mothercraft Committee

Comm. Service Committee

Comma. on Motherersft

Volunteer Service Comm.

Col. Timothy Pickering Chapter

Conservation & Thrift

Ellis Island

Girl Home Makers

Mational Civic League, Mass. Branch

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American Red Cross

Salem Chapter

Crombia St. (Cong.) Woman's Assoc.

First Baptist Women's Society

Women's Association

Women's Auxiliary

Mamily Service & Relief, Cont.

St. Peter's

BituD a temagram . tE

The Evening Alliance Social

Service Committee

Women's Association

Churches, Roman Catholic Cuild's of St. Thomas

St. Thomas

s'ensdred.JE

s'visM . JE

St. Vincent de Faul Jociety

of Immaculate Conc.Parish

St. James' Parish

St. John The Baptist Partish

St. Joseph's Farish

St. Thomas Parish

Churches, Jewish

Cong. Sons of Jacob

Hebrew Ladies Aid Assoc.

B'nai Brith

Elk's Benevolent Frot.

\* Out of town organization

## SOCIAL SERVICE, continued

Mass. Society Prevention
Cruelty to Children
North Shore District
Morgan Memorial Coop. Ind. & Stores
Morgan Memorial
North Shore Babies Hospital
Thrift Shop
Patriotic Organizations
American Legion
Child Welfare Committee

Relief Committee
Disabled Veterans of World War
Grand Army of the Republic
Women's Relief Corps
Belief Committee

Relief Committee
Salem Y. D. Club
Spanish War Veterans
Veterans of Foreign Wars
Salem Animal Rescue League
Salem Female Charitable Society
Salem Firemen's Relief Association
Salem Protestant Ladies Association
Salvation Army
Samaritan Society of Salem
Sanders Fund

Seamen's Widow and Orhpan Association House of the Angel Guardian\*
State Department of Education Mass. Assn. for Promoting the

State Department of Education
Division of the Blind
State Department of Public Welfare
Division of Aid and Relief

Aid to Dependent Children
Old Age Assistance
Settlements

Social Service
United Polish Organization
Women's Friend Society
"Bureau Mission"
Young Women's Association

Young Women's Association Travelers Aid Society

Group Work

Boy Scouts of America

North Shore Council

Salem District Committee

Sea Scouts Division

Girl Scouts, Inc.

Mass Girl Scouts
Salem Council
House of Seven Gables

Group Work, continued
Salem Fraternity
Salem Park Department

Paygrounds
Salem Recreation Planning Committee
Women's Friend Society
Young Men's Christian Association
Young Women's Association

Institutional and Foster Care
Bertram Home for Aged Men
Bethany Union for Young Women
City Home
Fraternal Organizations

Eastern Star Home(Orange, Mass.)\*
Elks
The Elks Home (Charlestown, W. Va)\*
Loyal Order of Moose

Mooseheart (Illinois)\*
Moosehaven (Florida)\*
Masons

Masonic Home (Charlton, Mass.)\*
Odd Fellows

Odd Fellows Home of Mass. (Worcester)\*

House of the Angel Guardian\*
Mass. Assn. for Promoting the
Interests of Adult Blind\*
Woolson House\*
Rogers House\*
N.E.Home for Deaf Mutes\*
N.E.Home for Little Wanderers\*

Putnam Home, Inc. (Danvers)\*
Seamen's Orphan & Children's
Friendly Society
State Dept. of Correction\*

Old Ladies Home

Women's Reformatory (Sherborn)\*
State Dept. of Public Health
Div. of Child Guardianship\*
State Infirmary (Tewksbury)\*

<sup>\*</sup> Out of town organizations

Mass. Society Prevention

Morgan Memorial Coop. Ind. & Stores

Thrift Shop

Patriotic Organizations

Women's Relief Corns

Salem Y. D. Club

Salem Firemen's Relief Association

Seamen's Widow and Orapea Association

Women's Friend Society

"Bureau Mission"

Young Women's Association

Travelors blasmoleverT

Salem District Conmittee

Son Scouts Division

Girl Scouts, Inc.

Mass Girl Scouts

Group Work, continued

Salem Recreation Planning Committee Women's Friend Society

Young Man's Christian Association Young women's Association

Bethany Union for Young Women

Eastern Star Home (Orange, Mass.)

The Elks Home (Charlestown, W. Va) =

Mooseheart (Illinois)

Mesonic Home (Charlton, Mass.) .

Odd Jellows Home of Mass.

House of the Angel Cuardian\* Mass. Assn. for Promoting the

Woolson Houses Somere Houses

Pastum Teel tol emoH. I. W

M.E.Home for little Wanderers\*

Futnam Home, Inc. (Denvers) \* Seamen's Grana & Children's

State Dept. of Correction\*

Women's Reformatory (Sherborn)\* State Dont. of Fublic Health

Div. of Child Guardianships

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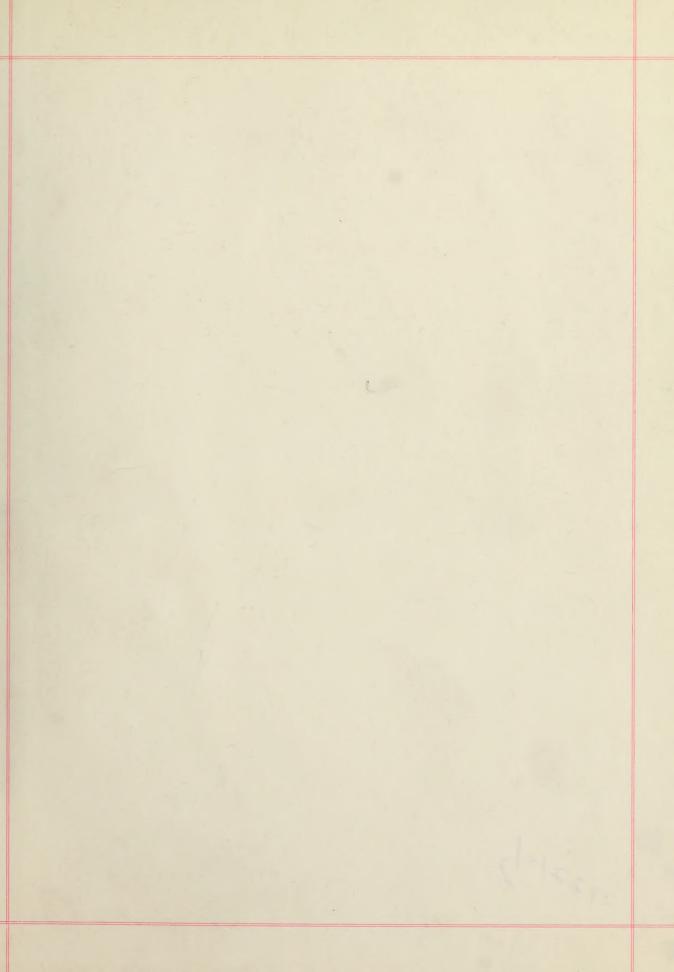
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